



CRC Resource Guide

Care Resource Coordination
Crater Health District



February/ March
2026

Volume 29

Petersburg Hopewell Prince George Dinwiddie Surry Sussex Greensville Emporia



Care Resource Coordination (CRC) is a centered approach to coordinated care. The CRC Services offer support to Crater District clients, at no cost! We will make every effort to connect you with available resources within one to two business day.

In this resource guide, you will find information on employment and volunteer opportunities, resources and free events that help protect the health and promote the well-being of all people in the Crater Health District. If you would like us to include your event, please send your flyer in a jpg or png format, if possible, in an email to our District CRC no later than a week before month end, to be included in the following months guide. For more information, contact, Melissa Perez Diggs, Care Resource Coordinator for the Crater Health District at 804-382-2667 or melissa.diggs@vdh.virginia.gov

Index

Page 1	CRC Information
Page 2-5	Did You Know? & Resource Spotlight
Page 6-9	CHD in the Community
Page 10-22	Employment & Volunteer Opportunities
Page 23-115	Community Resources
Page 116-139	Community Events
Page 140	Contact Us

FOR SUPPORT WITH

- Car Seat Service**
- Food Assistance**
- Health Care
Mental Health**
- Housing/Shelter**
- Unemployment**
- Utilities**



<https://redcap.link/craterneedassistance>

TO OPT-IN OR OPT-OUT OF OUR MAILING LIST



<https://redcap.vdh.virginia.gov/redcap/surveys/?s=RLADYJ3KH7TNJK9A>

Did You Know?

HeLa cells are the first immortalized human cell line and have contributed to some of the most significant scientific breakthroughs of the past century, from the polio vaccine to cancer therapies and gene mapping.

Those cells originated from Henrietta Lacks, an African American woman from Roanoke, Virginia while undergoing cervical cancer treatment. Unbenounced to her family Henrietta Lacks' cells were unique, growing by the millions, commercialized and distributed worldwide to researchers, resulting in advances in medicine. It was not until 20 years after Henrietta's death that her family would learn how science retrieved her cells and of her enormous contribution to medicine and humanity.

About Henrietta Lacks - Lacks Family



1920-1951



Resource Spotlight

Meet your Crater Health District Overdose and Prevention Team!



Elle Merkle our Overdose
Prevention Program Coordinator!

Jada Woodley our Community
Linkage to Care Coordinator!



Our overdose prevention team's goal is to reduce opioid-related deaths and support individuals with Substance Use Disorder. The team provides:

- REVIVE! overdose prevention training with free Narcan/naloxone.
- Health education regarding opioid prevention
- Distributes fentanyl and xylazine test strips.
- Community linkages to care including treatment services
- Peer Recovery Specialist Alliance Network.
- Resource connections and collaborative partnerships.
- Support for long-term recovery.

Their focus is on reducing barriers, increasing access to treatment and supporting long-term recovery. If you have questions about SUD, call the Petersburg Health Department at 804-863-1652 or visit Crater Health District. If you need more information about our Crater Health District Overdose Prevention Team pls see there contact info below.



(804) 704-7554
(804) 481-2042



jada.woodley@vdh.virginia.gov
elle.merkle@vdh.virginia.gov



302 Halifax St. Petersburg VA



Crater Health District Overdose Prevention Team



Dinwiddie - Emporia - Greensville
Hopewell - Petersburg -
Prince George - Surry - Sussex

**You're Not Alone:
Support and
Recovery Start
Here.**



Our Goal

The Crater Health Overdose Prevention staff understands that facing substance use or misuse challenge arrives can feel overwhelming and isolating. We are here to support individuals and empower communities through education, care navigation, resource connection, and robust collaborative efforts—working together to actively prevent overdoses.

Services

- REVIVE! Training
- Naloxone/Narcan distribution
- Fentanyl and Xylazine test strips
- Bridges to Medications for Opioid Use Disorder
- Connecting residents to addiction treatment resources
- and SO MUCH MORE

Support

- Harm Reduction Resources
- Access to Peer Recovery Specialist network
- Office hours
- Mental Health & Wellness support
- Health Education
- Community Outreach

Elle Merkle
Overdose Prevention
Program Coordinator

✉ elle.merkle@vdh.virginia.gov
☎ 804-481-2042

SCAN ME



JaDa Woodley
Community Linkages to
Care Coordinator

✉ jada.woodley@vdh.virginia.gov
☎ 804-704-7554

<https://redcap.link/craterneedassistance>

Scan the QR code or access the link to get started together!



Distrito de Salud de Crater



Equipo de Prevención de Sobredosis

Dinwiddie - Emporia - Greensville
Hopewell - Petersburg -
Prince George - Surry - Sussex



No estás solo: el apoyo y la recuperación comienzan aquí.



Nuestro Objetivo

El personal de Prevención de Sobredosis de Crater Health entiende que enfrentar un desafío relacionado con el uso o abuso de sustancias puede sentirse abrumador y aislante. Estamos aquí para apoyar a las personas y empoderar a las comunidades a través de la educación, la orientación en el cuidado, la conexión con recursos y esfuerzos colaborativos sólidos, trabajando juntos para prevenir activamente las sobredosis.

Servicios

- Capacitación ¡REVIVE!
- Distribución de Naloxona/Narcan
- Tiras reactivas para el detecto de Fentanilo y Xylazina
- Puentes hacia medicamentos para el trastorno por consumo de opioides
- Conexión de residentes con centros de tratamiento de adicciones
- Y MUCHO MÁS

Apoyo

- Recursos de Reducción de Daños
- Acceso a la red de Especialistas en Recuperación entre Pares
- Horarios de oficina
- Ayuda para la Salud Mental y el Bienestar
- Educación para la Salud
- Alcance Comunitario

Elle Merkle
Coordinadora
Programa de Prevención
de Sobredosis

✉ elle.merkle@vdh.virginia.gov
☎ 804-481-2042

<https://redcap.link/craterneedassistance>

SCAN ME



JaDa Woodley
Coordinadora
Vínculos Comunitarios
de Atención

✉ jada.woodley@vdh.virginia.gov
☎ 804-704-7554

¡Escanea el código QR o accede al enlace para comenzar juntos!



Join our **ALLIANCE**

Be part of the movement

We're growing!
Interested in becoming a part
of **Peer Recovery Specialist**
(PRS) network? We are
seeking folks interested,
certified, or allies in Petersburg,
VA and the surroundings
communities.

Help us expand support for
rural and high-risk populations
who need connection the most.



PRS ALLIANCE NETWORK

Be part of the conversation

**Register to join the network from the
link or scan the QR code.**

<https://redcap.link/PRSNetwork>



<https://redcap.vdh.virginia.gov/redcap/surveys/?s=9CYY33NMDFPNJ3JX>

CHD in the Community

On January 14th, the Crater Health District engaged the community at the Petersburg bus station and surrounding areas. They distributed 38 Covid/flu tests, 43 condom packets, 9 syphilis self-test kits, 42 food boxes, and 5 Rapid REVIVE! training kits to support public health initiatives and community health needs.



On January 20, the Crater Health District organized a wellness pop-up event in Pin Oaks, Petersburg, distributing various health resources alongside other community partners. They provided 47 COVID/Flu test kits, 33 condom packs, and 12 syphilis kits to support community health initiatives. This event is part of their ongoing efforts to promote health education and provide essential health resources to the community.



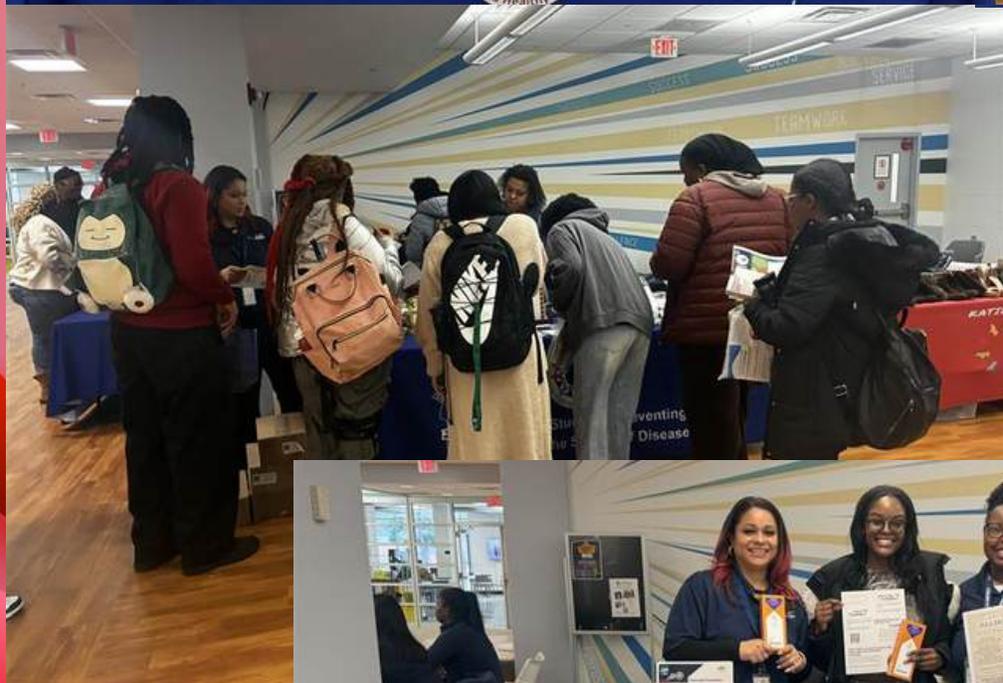
On February 3rd, CHD and community partners visited Gillhaven Manor in Petersburg for a wellness pop-up. We provide 36 Covid/flu test kits, 15 bags of condoms, 11 syphilis self-test kits, and 4 REVIVE! trainings to residents. We also were able to provide blood pressure checks and teach residents proper handwashing techniques.



On Valentine's Day, February 14th, CHD and community partners held a Safe Love Caravan at several shopping centers in Petersburg. We were able to distribute 21 at home syphilis test, 53 condom packs, 30 Feed More food boxes, 146 covid/flu tests kits and 4 Rapid REVIVE! trainings.



On February 4th, CHD hosted a wellness pop-up event at Richard Bland College to connect with students and provide information on how to connect with a primary care physician and become a Medical Reserve Corps member. We were also able to provide 65 COVID/Flu test kits, 71 packs of condoms, 16 syphilis self-test kits, and 7 REVIVE! trainings. Students were also able to get their blood pressure checked and receive an adenosine triphosphate testing (ATP) demonstration. The demonstration was used to show in real time the effectiveness of cleaning and disinfecting practices while also teaching them proper procedures for disinfecting personal use items.



Looking for new employment opportunities?



We are excited to announce that our Health District has opened several additional job vacancies across various programs. These new positions offer excellent opportunities for individuals passionate about making a difference in public health.

Available positions can be found at:

<https://www.jobs.virginia.gov/>

We encourage all qualified individuals to apply and join our dedicated team in promoting and protecting the health of our community.





BENEFITS

»» For City of Hopewell Employees

Available upon hire

- ▶ **Paid Time Off (PTO)***
amount prorated dependent on date of hire
- ▶ **Paid Holiday leave**
plus any additional time granted by the Governor and/or the City Manager
- ▶ **Health, vision, & dental insurance**
supplemental dental & vision insurance available
- ▶ **Group -term life insurance**
supplemental life insurance available
- ▶ **Virginia Retirement System (VRS)**
- ▶ **Short -term & Long -term disability**
- ▶ **Bereavement leave**
- ▶ **Tuition reimbursement**
- ▶ **Worker's Compensation**
- ▶ **And more!**
FMLA, flexible spending account, AFLAC, employee assistance program (EAP), credit union membership, legal resources, etc.



Public Works provides

- ✓ CDL training assistance
- ✓ On-call compensation
- ✓ Safety shoes allowance
- ✓ Tool allowance
- ✓ Uniforms provided





WE ARE HIRING



OPEN POSITIONS :

- ▶ Maintenance Crew Leader
 - Streets
- ▶ Maintenance Specialist
 - Grounds, Row, Asphalt

BENEFITS:

- ✔ \$2,000 sign -on bonus*
- ✔ Earn \$500 for every referral!*
- ✔ CDL training assistance
- ✔ Paid Time Off upon hire
- ✔ Paid Holiday leave
- ✔ Health, vision, dental, and life insurance, retirement plan, and more!

*Paid after 90 days of employment.



PUBLIC WORKS OPEN HOUSE



Thursday, February 19, 2026
1:00 PM to 3:00 PM



Public Works
103 S Hopewell St.
Hopewell, VA 23860



For more information:
804 -541 -2211
humanresources@hopewellva.gov



You'd make a great teacher!

Calling all future teachers ready to pursue a calling and career as a secondary teacher!



PETERSBURG
City Public Schools



February 25, 2026 Job Fair
4:30pm - 7:00pm
Vernon Johns Middle School

One Stop Shop:

- ✦ 1-on-1 advice to help you identify your next steps to certification
- ✦ Information to assist you in finding the right educator preparation program
- ✦ Checklists to help with your educator preparation program applications



What support will you receive from us?

Licensure Application Assistance

Licensure Application fee waivers when it comes time to apply.

Sign On Bonuses

With a bachelor's degree, you may qualify for a provisional license while you complete your program in a bilingual or special education program.

Praxis Support

We offer online and in person test preparation as well as vouchers to assist in paying for testing.

Tuition Assistance

PCPS teachers can benefit from extensive scholarship opportunities to pay for coursework.

CARITAS is looking for a Community Engagement Coordinator to join our passionate team.

Click the link below to learn more and apply!

Apply for Community Engagement Coordinator: <https://lnkd.in/eKQiKyf7>



Join our team!

WE ARE HIRING!

WWW.CARITASVA.ORG

COMMUNITY ENGAGEMENT COORDINATOR

Apply at

<https://caritasva.isolvedhire.com/jobs/>



HOPEWELL CITY PUBLIC SCHOOLS

JOIN THE TEAM THAT MOVES HOPEWELL FORWARD!



BUS DRIVERS NEEDED!

WHAT WE OFFER

- \$1,500 Hiring Bonus
 - \$500 paid at hiring
 - \$1,000 paid after 6 months

- Starting Pay: \$22.34/hr
- 6-hour/day guarantee
 - All hours over 6 paid at time-and-a-half

OUR VALUES

- Treat People Well*
- Do High Quality Work*
- Create Dignified Spaces*

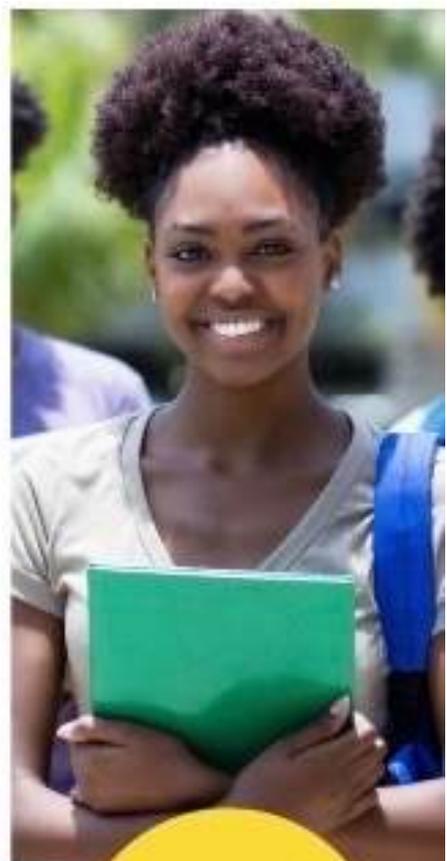
Work With Purpose

Your role isn't just transportation — it's connection, dignity, and care. You help set the tone for a child's entire day. Your presence makes a difference!

APPLY HERE ▶ <https://hopewell.schoolspring.com>



Linked in Friendship, Connected in Service
Petersburg (VA) Chapter



2026 Scholarship Program

APPLY NOW!



4 ANNUAL AWARDS

Award of Excellence

HBCU Scholarship Award

Petersburg High School Award

Community Service Award

APPLICATION DEADLINE

31 MARCH 2026

VCAN 2026-2027

VIRGINIA COLLEGE AFFORDABILITY NETWORK
FREE TUITION SCHOLARSHIP

JOIN THE VIRGINIA STATE UNIVERSITY TROJAN EXPLOSION

FREE TUITION

VCAN removes financial barriers by offering tuition support, allowing students to focus on their studies without the stress of overwhelming college debt.



REQUIREMENTS

- * VSU Admitted
- * Graduate of a high school within a 45-mile radius of VSU
- * FAFSA Federal Pell Grant eligible
- * First-time, First-year Freshman
- * VSU Enrollment Deposit Paid
- * Recommended 2.5 high school GPA

www.vsu.edu/admissions/vcan

FREE TUITION



COMMUNITY AND ACCOUNTABILITY

VCAN builds a supportive network with guidance and check-ins to help students thrive and stay on track.

 @vsuvcan



Join the Medical Reserve Corps

Local health, safety, and preparedness begins with you

WHAT is the Medical Reserve Corps?

The Medical Reserve Corps (MRC) is a national network of volunteers who help make their communities stronger and healthier during disasters and every day. Volunteers are organized into community-based units that work to improve local emergency response capabilities, reduce potential public health risks and vulnerabilities, and build community preparedness and resilience. They prepare for and respond to natural disasters, such as wildfires, hurricanes, blizzards, and floods, as well as other emergencies affecting public health, such as disease outbreaks. MRC volunteers also regularly contribute to community preparedness—engaging in activities like CPR/AED training and assisting with community vaccination clinics.



WHO volunteers with the MRC?

MRC volunteers include medical and public health professionals as well as other community members without healthcare backgrounds who wish to donate their time and expertise. The specific role that you will play, and the activities in which you will participate, will depend upon your background, interests, and skills, as well as the needs of the MRC unit and the community.

WHY should I volunteer?

- ★ Communities benefit from having MRC volunteers ready to respond to emergencies.
- ★ You can be part of an organized and trained team with a strong sense of mission and purpose.
- ★ It's a way to offer and improve your professional skills, knowledge, and expertise.
- ★ It's a chance to give back to your community, helping to keep your family, friends, and neighbors safe and healthy—particularly during times of need.



MRC Unit Name Crater Health District MRC Unit

Contact Information Robin Burrow, MRC Coordinator; Office:(804) 609-5733

Website (if applicable) vdh.virginia.gov/mrc



mrc.hhs.gov



[medicalreservecorps](https://www.facebook.com/medicalreservecorps)



[@MRC_ASPR](https://twitter.com/MRC_ASPR)

ASPR
ASSISTANT SECRETARY FOR
PREPAREDNESS AND RESPONSE

YOUTH INNOVATION PROJECTS

Are you 18-24?

Have you ever
experienced
homelessness or
housing instability?



We want to work with YOU

Bring your ideas and experiences to the table to help shape activities and services for those with similar experiences. THIS IS A PAID OPPORTUNITY.

Interested? Let's talk!



Summer Pierce
summer.pierce@cccovfa.org

KeKe Cody
keke.cody@cccovfa.org

Colonial Heights • Dinwiddie • Emporia
Greensville • Hopewell • Petersburg
Prince George • Surry • Sussex

cccovfa.org



Commonwealth Catholic Charities



OPENTABLE
RELATIONSHIP TRANSFORMS COMMUNITIES™



What if **we responded to the needs of our communities with empowerment, not charity?**

THE NETWORK TABLE MODEL™

Network Table is a research-driven model training teams to tap their community's abundant skills and personal, social and business networks to empower people and the organizations that serve them to achieve goals they are not able to realize on their own. The Network Table model is based on Open Table's Core Table model, which has been trained and implemented since 2005 and has an evidence base of more than twenty studies.

To join our Central Virginia Network Table or learn more about what we do please contact Rev. Audrey Smith at asmith@gatheringwashst.org.



Could You Be a Child's Voice?

Our CASA program is looking for volunteers to advocate for children in the Richmond & Petersburg court system who have been abused or neglected.

Now accepting applications for our upcoming training class.

For questions about applying or to get more information about CASA (Court Appointed Special Advocates), contact the Volunteer Coordinator, Sarah-Keel Crews, at volunteer@grscan.com or 804-646-5184





ARE YOU INTERESTED IN BECOMING A BOARD/COMMISSION MEMBER?

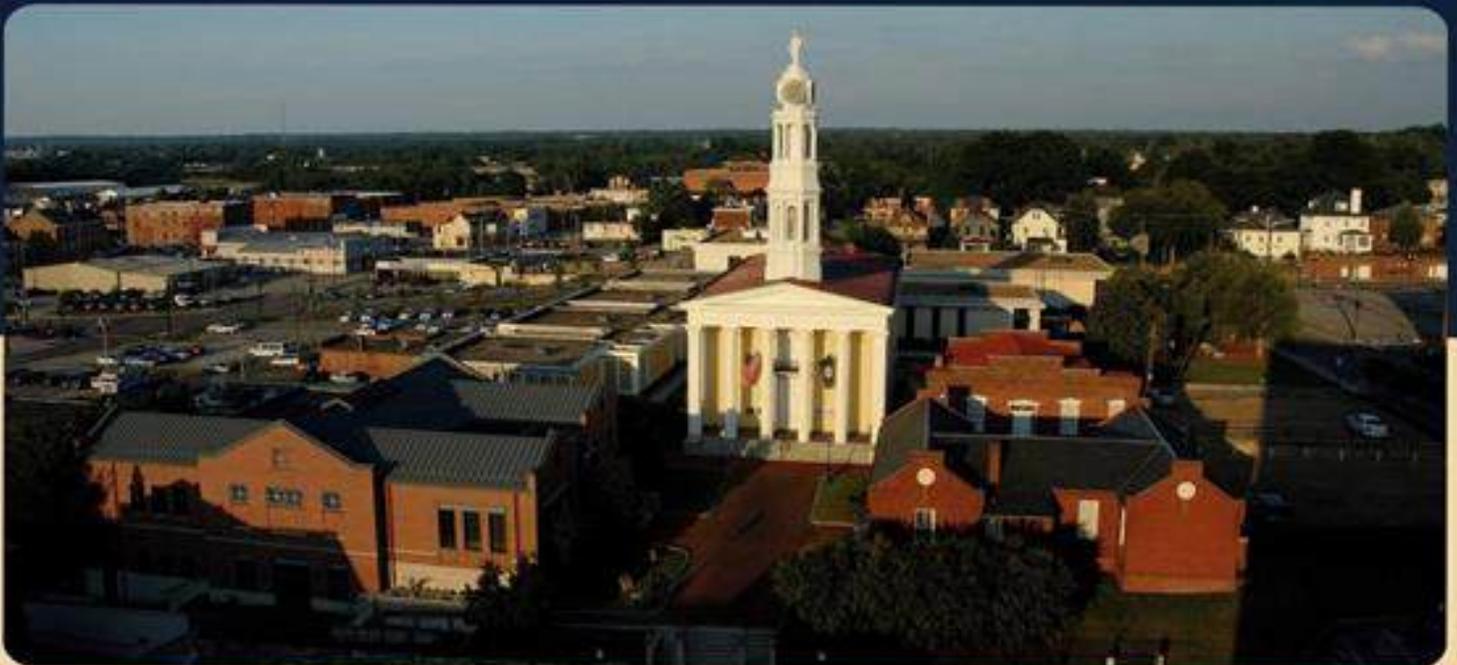
VACANCIES FOR THE CITY OF PETERSBURG'S BOARDS AND COMMISSIONS:

Architectural Review Board

Board of Zoning Appeals

*Community Development Block Grant
Advisory Board*

Petersburg Arts Council



MAKE A DIFFERENCE.

JOIN A BOARD OR COMMISSION.

TO LEARN MORE AND TO APPLY, VISIT:

<https://www.petersburgva.gov/116/Boards-Commissions>





Crater Health District

Do you need to find support?

Care Resource Coordination

The CRC Services offer FREE support by making every effort to help people identify and connect to local resources that can help meet their current needs!

-  **Car Seat Service**
-  **Food Assistance**
-  **Health Care/Mental Health**
-  **Housing/Shelter**
-  **Unemployment**
-  **Utilities**

FOR
SUPPORT:



<https://redcap.link/craterneedassistance>



- Petersburg
- Hopewell
- Prince George
- Dinwiddie
- Surry
- Sussex
- Greenville
- Emporia

In our monthly resource guide, you will find information on employment and volunteer opportunities, resources and free events that help protect the health and promote the well-being of all in the Crater Health District.



<https://redcap.vdh.virginia.gov/redcap/surveys/?s=RLADYJ3KH7TNJK9A>



804-382-2667



melissa.diggs@vdh.virginia.gov



Departamentos de Salud del Distrito de Crater

¿Necesitas encontrar ayuda?

COORDINACIÓN DE RECURSOS DE ATENCIÓN

¡Los Servicios CRC ofrecen apoyo GRATIS haciendo todo lo posible para ayudar a las personas a identificar y conectarse con recursos locales que puedan ayudar a satisfacer sus necesidades actuales!

-  **Asiento de Auto para Niños**
-  **Asistencia Alimentaria**
-  **Cuidado de la Salud/Salud Mental**
-  **Vivienda/Refugio**
-  **Desempleo**
-  **Utilidades**

PARA OBTENER APOYO:



<https://redcap.link/craterneedassistance>



Petersburg
Hopewell
Prince George
Dinwiddie
Surry
Sussex
Greenville
Emporia

En nuestro guía mensual de recursos, encontrará información sobre oportunidades de empleo y voluntariado, recursos y eventos gratuitos que ayudan a proteger la salud y promover el bienestar de todos en el Distrito de Salud de Crater.



<https://redcap.vdh.virginia.gov/redcap/surveys/?s=RLADYJ3KH7TNJK9A>



804-382-2667



melissa.diggs@vdh.virginia.gov

VDH VIRGINIA
DEPARTMENT
OF HEALTH

2025



CRATER HEALTH DISTRICT SERVICES & PROGRAMS



Women, Infant, and Children - WIC

Supplemental food program for women, infants, and children serves:

- Infants and children birth-5yrs
- Pregnant and breastfeeding women

Maternity and Family Planning

Prenatal and post-partum care.

Services include physical exams, prenatal blood work, nutritional counseling, birth control info. & methods, risk reduction, and STI screening.

Epidemiology

Surveillance and Investigation of all outbreaks and reportable diseases of public health concerns, including suspected food and waterborne illness as well as COVID-19.

Oversees the surveillance of overdose and promotes prevention activities critical to reducing overdoses and overdose deaths.

Emergency Preparedness

Develops public health emergency plans, and coordinates the local response to disasters and other public health emergencies. Free REVIVE! training, and dispensing of Naloxone nasal spray used to treat suspected opioid overdoses. Fentanyl and Xylazine test strips also provided to reduce harm.

To learn more about volunteering with the Medical Reserve Corp: www.vamrc.org

Sexually Transmitted Infections - STIs

Confidential STI testing, treatment, education and counseling are provided at each site. A Men's Sexual Health Clinic operates at the Petersburg Health Dept. on the 2nd and 4th Mondays 5 p.m-7 p.m.

Environmental Health

Approves permits for wells and septic systems. Inspects hotels, motels, restaurants, schools, campgrounds, summer camps, and others that serve food to the public. Works with animal control to prevent and control rabies.

Population Health

Educate and inform to promote healthy behaviors to improve community health and wellness. Provides community health outreach and engagement and leads the community health assessment and improvement planning throughout the district.

Prioritizes trainings in Adverse Childhood Experiences, Trauma-Informed Care, and Mental Health First Aid.

Clinical Services

Includes school entry and adult vaccinations; special clinics for influenza, pneumonia, and COVID-19 immunizations.

Vital Records

Provides birth, death, and divorce certificates (occurred in Virginia only), establishments of paternity. Free voter registration to residents.

There is a \$12 charge for each search

Community Outreach Requests



Please complete this form for the following requests: information table at a community event, presentations on a health-related subjects to a community group, or for a training.





SERVICIOS Y PROGRAMAS DEL DISTRITO DE SALUD DE CRATER



Mujeres Infantes Niños (WIC)

Programa de Nutrición Suplementaria para Mujeres, Infantes y Niños sirve a:

- Infantes y niños hasta los 5 años
- Mujeres embarazadas y lactantes

Planificación de la Maternidad y la Familia

Atención prenatal y postparto.

Los servicios incluyen exámenes físicos, exámenes de sangre prenatales, asesoramiento nutricional, información sobre métodos anticonceptivos, reducción del riesgo y exámenes de ITS

Epidemiología

Vigilancia e investigación de todas las enfermedades y los brotes de enfermedades de importancia para la salud pública, incluyendo las enfermedades alimentarias, enfermedades transmitidas por el agua y el COVID-19.

Supervisa la vigilancia de las sobredosis y promueve actividades de prevención críticas para reducir las sobredosis y las muertes por sobredosis

Planificación y Respuesta Ante Emergencias

Crea planes de preparación para emergencias de salud pública y coordina la respuesta local a los desastres y otras emergencias de salud pública. Da entrenamientos gratuitos de REVIVE! y distribuye la Naloxona (en aerosol nasal), utilizada para tratar sobredosis de opioides. También ofrece tiras reactivas de fentanilo y xilazina como método de Reducción de Daños.

Para saber más sobre el voluntariado con el Cuerpo de Reserva Médica (MRC): www.vamrc.org

Infecciones de transmisión sexual - ITS

En cada departamento se proporciona pruebas, tratamientos y educación confidenciales de las ITS. Clínica de Salud Sexual para Hombres cada 2° y 4° lunes del mes después de las 5 p.m.-7p.m. esta disponibles en el Departamneto de Salud de Petersburg.

Salud Ambiental

Aprueba permisos para pozos de agua potable y sistemas sépticos. Inspecciona hoteles, moteles, restaurantes, escuelas, zonas de acampada, campamentos de verano y otros que sirven comida al público. Trabaja con control de animales para prevenir y controlar la rabia.

Salud de la población

Informar y educar comportamientos saludables para mejorar la salud y bienestar de la comunidad. Proveen promoción de la salud comunitaria y colaboración. Liderar la evaluación de la salud comunitaria y planificación de mejoras sobre el distrito.

Dar prioridad a entrenamientos sobre experiencias adversas de la infancia, cuidados tomando en cuenta traumas y en primeros auxilios de la salud mental.

Servicios Clínicos

Incluye las vacunas para entrar a la escuela y las vacunas para adultos; clínicas especiales para vacunas contra la influenza y la neumonía, y COVID-19.

Registro Civil

Proveen certificados de nacimiento, defunción y divorcio (solamente que ocurrieron en Virginia), establecimientos de paternidad. Registración para votar gratis a residentes.

Hay un cargo de \$12 por cada solicitud.

Solicitudes de extensión comunitaria



Por favor complete este formulario para las siguientes solicitudes: mesa de información en un evento comunitario, presentaciones sobre temas relacionados con la salud a un grupo comunitario o para una capacitación.





Crater Health District

Comida como Medicina



Distribuimos cajas de alimentos de emergencia GRATIS en cada uno de nuestros departamentos de salud locales para pacientes necesitados, con el fin de ayudar a reducir las barreras de acceso a los alimentos.

Cada caja contiene varias comidas para 3 o 4 personas.

Dept. de Salud de Prince George

6450 Administration Dr.
Prince George, VA 23875

Dept. de Salud de Greenville/Emporia

140 Uriah Branch Way
Emporia, VA 23847

Dept. de Salud de Petersburg

301 Halifax St.
Petersburg, VA 23803

Dept. de Salud de Hopewell

1501 W City Point Rd.
Hopewell, VA 23860

Dept. de Salud de Surry

474 Colonial Trail W
Dendron, VA 23839

Dept. de Salud de Sussex

20103 Princeton Rd.
Sussex, VA 23884

Dept de Salud de Dinwiddie

14010 Boydton Plank Rd.
Dinwiddie, VA 23841

Hay 3 opciones de cajas disponibles. Ver descripción a continuación:

Basics

Artículos comestibles basicos que requieren cocinar.



Ready to Eat

Artículos comestibles basicos que no requieren cocinar.



Lo Esencial

Artículos comestibles latino americanos que requieren cocinar.



Para asistencia alimentaria a largo plazo u otras necesidades de recursos, escanee el código QR o visite el enlace a continuación:
<https://redcap.link/craterneedassistance>



Llame al (804) 347-2782 para obtener información adicional.

LOS ARTÍCULOS PROPORCIONADOS POR CRATER NO PUEDEN SER UTILIZADOS CON FINES DE REVENTA





Crater Health District

Food as Medicine



We are distributing FREE emergency food boxes at each of our local health departments for patients in need, to help reduce barriers in access to healthy foods. Each box provides 3-4 people with a few meals.

Prince George Health Dept.

6450 Administration Dr.
Prince George, VA 23875

Greensville/Emporia Health Dept.

140 Uriah Branch Way
Emporia, VA 23847

Petersburg Health Dept.

301 Halifax St.
Petersburg, VA 23803

Hopewell Health Dept.

1501 W City Point Rd.
Hopewell, VA 23860

Surry Health Dept.

474 Colonial Trail W
Dendron, VA 23839

Sussex Health Dept.

20103 Princeton Rd.
Sussex, VA 23884

Dinwiddie Health Dept.

14010 Boydton Plank Rd.
Dinwiddie, VA 23841

3 different box options are available. See descriptions below:

Basics

Pantry items that require cooking.



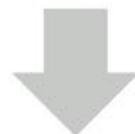
Ready to Eat

Pantry items that do not require cooking.



Lo Esencial

Latin American pantry items that require cooking.



For long term food assistance or other resource needs, scan the QR code or visit the link below:

<https://redcap.link/craterneedassistance>



Call (804) 863-1652 for additional information.

ITEMS PROVIDED BY CRATER MAY NOT BE USED FOR RESALE PURPOSES



CRATER HEALTH DISTRICT TEST KIT DISTRIBUTION



We are distributing FREE COVID-19/Flu Test Kits at each of our local health departments, while supplies last.

Prince George Health Dept.

6450 Administration Dr.
Prince George, VA 23875

Greensville/Emporia Health Dept.

140 Uriah Branch Way
Emporia, VA 23847

Petersburg Health Dept.

301 Halifax St.
Petersburg, VA 23803

Hopewell Health Dept.

1501 W City Point Rd.
Hopewell, VA 23860

Surry Health Dept.

474 Colonial Trail W
Dendron, VA 23839

Sussex Health Dept.

20103 Princeton Rd.
Sussex, VA 23884

Dinwiddie Health Dept.

14010 Boydton Plank Rd.
Dinwiddie, VA 23841

Helping Build Healthier Communities



Individuals: Call **(804) 863-1652** for additional information.

Organizations: Use the QR code or link to submit your request online, or call 804-385-6760. You will receive a response within 1-2 business days to coordinate pickup.



<https://redcap.link/testkitorgs>



FOLLOW THE CRATER HEALTH DISTRICT ON SOCIAL MEDIA



www.vdh.virginia.gov/crater



ITEMS PROVIDED BY CRATER MAY NOT BE USED FOR RESALE PURPOSES



DISTRITO DE SALUD DE CRATER

DISTRIBUCIÓN DE PRUEBA CASERAS



Estamos distribuyendo pruebas GRATUITAS de COVID-19/Influenza en cada uno de nuestros departamentos de salud locales, mientras duren.

Dept. de Salud de Prince George

6450 Administration Dr.
Prince George, VA 23875

Dept. de Salud de Greenville/Emporia

140 Uriah Branch Way
Emporia, VA 23847

Dept. de Salud de Petersburg

301 Halifax St.
Petersburg, VA 23803

Dept. de Salud de Hopewell

1501 W City Point Rd.
Hopewell, VA 23860

Dept. de Salud de Surry

474 Colonial Trail W
Dendron, VA 23839

Dept. de Salud de Sussex

20103 Princeton Rd.
Sussex, VA 23884

Dept de Salud de Dinwiddie

14010 Boydton Plank Rd.
Dinwiddie, VA 23841

Ayudando a Construir Comunidades Más Saludables

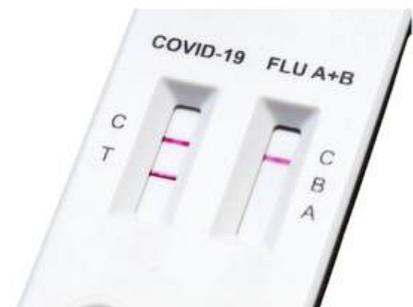
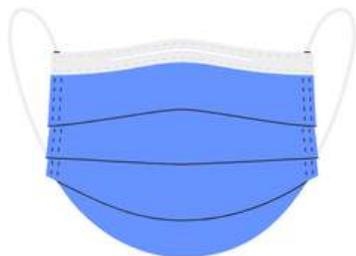


Llame al (804) 347-2782 para obtener información adicional.

Organizaciones: Utilicen el código QR o el enlace para enviar su solicitud en línea, o llame al 804-347-2782. Recibirá una respuesta en un plazo de 1 a 2 días hábiles para coordinar la recogida.



<https://redcap.link/testkitorgs>



SÍGUENOS EN LAS REDES SOCIALES



www.vdh.virginia.gov/crater

VDH VIRGINIA DEPARTMENT OF HEALTH

LOS ARTÍCULOS PROPORCIONADOS POR CRATER NO PUEDEN SER UTILIZADOS CON FINES DE REVENTA



Dinwiddie - Emporia - Greensville - Hopewell -
Petersburg - Prince George - Surry - Sussex



Crater Health District

OVERDOSE

PREVENTION

PROGRAM



Scan the QR code to
get started together
or for more
information!

<https://redcap.link/craterneedassistance>

jada.woodley@vdh.virginia.gov

804-704-7554

ED BRIDGES PROGRAM

Overdose/
Substance abuse
Patient arrives at
ED

1

Life-saving
treatment
provided

2

Connection to
Community
Linkages to Care
Coordinator

3

Warm handoff &
navigation to
recovery center

4

Follow-up
& ongoing
support

5

HOW WE CAN HELP

- REVIVE! Training
- Naloxone/Narcan distribution
- Harm Reduction Resources
- ED Bridges Program
- Access to Peer Recovery Specialist network
- Access to other health Department resources

CHDOPP staff understands that facing substance use or an overdose can feel overwhelming and isolating. CHDOPP is here to walk alongside Individuals and their loved ones every step of the way. Our goal is simple: to help people find hope, connect to compassionate care, and build a path toward lasting recovery. Together, healing is possible, no one has to face this alone.

You're Not Alone, Support, and Recovery Start Here!



Crater Health District Overdose Prevention Program

Dinwiddie - Emporia - Greensville - Hopewell - Petersburg - Prince George - Surry - Sussex

Overview:

The CHDOPP staff understands that facing substance use or an overdose can feel overwhelming and isolating. CHDOPP is here to support Individuals and empower communities through education, care navigation, resource connection, and collaborative efforts—working together to actively prevent overdoses.

Overdose & Substance Use Disorder Resources

- REVIVE! Training
- Naloxone/Narcan distribution
- Fentanyl & Xylazine test strips
- Bridges to Medications for Opioid Use Disorder
- Connecting residents to addiction treatment centers
- & SO MUCH MORE
- Harm Reduction Resources
- Access to Peer Recovery Specialist network
- Office hours
- Mental Health & Wellness help
- Health Education
- Community Outreach

Elle Merkle

Overdose Prevention Program
Coordinator

✉ elle.merkle@vdh.virginia.gov

☎ 804-481-2042

SCAN ME



JaDa Woodley

Community Linkages to Care
Coordinator

✉ jada.woodley@vdh.virginia.gov

☎ 804-704-7554

<https://redcap.link/craterneedassistance>

Scan the QR code or access the
link to get started together!

CRATER HEALTH DISTRICT SAFE SLEEP PROGRAM



VDH VIRGINIA
DEPARTMENT
OF HEALTH

Our Safe Sleep Program provides:

- **FREE Pack & Play (Portable Crib)**
- **FREE Safe Sleep Kit, which includes items to help create a safe sleep environment (e.g., fitted sheet, educational materials, and more)**



WHO QUALIFIES

Parents may qualify based on:

- Household need
- Participation in certain support programs
- Other eligibility criteria reviewed through the application process
- All applications are reviewed individually to determine eligibility.

**NEED HELP OR HAVE
QUESTIONS?**

**CRATER HEALTH DISTRICT
MATERNAL & CHILD HEALTH
PROGRAM**



804-914-3234



jerlissa.mcelroy@vdh.virginia.com



**SCAN QR CODE TO
ACCESS
APPLICATION**

<https://redcap.vdh.virginia.gov/redcap/surveys/?s=FMNDC9TAN8YE4DWN>

For further details, visit us at <https://www.vdh.virginia.gov/crater/>

DISTRITO DE SALUD DE CRATER PROGRAMA DE SUEÑO SEGURO



VDH VIRGINIA
DEPARTMENT
OF HEALTH

NUESTRO PROGRAMA DE SUEÑO SEGURO OFRECE:

- Cuna Portátil (Pack & Play) GRATIS
- Kit de Sueño Seguro GRATIS, que incluye artículos para ayudar a crear un entorno de sueño seguro (por ejemplo, sábana ajustable, materiales educativos y más)



QUIÉN CALIFICA

Los padres pueden calificar según:

- La necesidad del hogar
- La participación en ciertos programas de apoyo
- Otros criterios de elegibilidad evaluados durante el proceso de solicitud
- Todas las solicitudes se revisan individualmente para determinar la elegibilidad

**¿NECESITA AYUDA O TIENE
PREGUNTAS? PROGRAMA DE
SALUD MATERNA E INFANTIL
DEL DISTRITO DE SALUD DE
CRATER**



804-914-3234



jerlissa.mcelroy@vdh.virginia.com



**ESCANEA EL CÓDIGO
QR PARA ACCEDER A
LA APLICACIÓN**

Para más información, visítenos en
<https://www.vdh.virginia.gov/crater/>



MATERNAL AND CHILD HEALTH SERVICES

Crater Health District

Crater Health District

Our Mission: To foster healthy communities through disease prevention and control, health promotion, environmental protection and emergency preparedness and response.

Proudly Serving

- ✓ Dinwiddie County
- ✓ Emporia
- ✓ Greensville County
- ✓ Hopewell
- ✓ Petersburg
- ✓ Prince George County
- ✓ Surry County
- ✓ Sussex County

Community Health

- Resource Referral Navigation
- Maternal and Child Health Education
- Community Outreach & Engagement
- Case Management
- Health Literacy Training

Community Safety and Violence Prevention

- Infant and Childhood Safety Class
- Gun Locks
- Infant Safe Sleep Materials
- Medication Locks
- Child Passenger Safety Program

For Resources Please scan the QR Code below





SERVICIOS DE SALUD MATERNA E INFANTIL

Distrito de Salud Crater

Salud Comunitaria

- Resource Referral Navigation
- Maternal and Child Health Education
- Community Outreach & Engagement
- Case Management
- Health Literacy Training

Distrito de Salud de Crater

Nuestra Misión: Fomentar comunidades saludables a través de la prevención y control de enfermedades, la promoción de la salud, la protección del medio ambiente y la preparación y respuesta ante emergencias..

Sirviendo con Orgullo

- ✓ Dinwiddie County
- ✓ Emporia
- ✓ Greensville County
- ✓ Hopewell
- ✓ Petersburg
- ✓ Prince George County
- ✓ Surry County
- ✓ Sussex County

Community Safety and Violence Prevention

- Clase de Seguridad para Bebés y Niños
- Candados para Armas
- Materiales para Sueño Seguro del Bebé
- Candados para Medicamentos
- Programa de Seguridad para Pasajeros Infantiles

**Para Recursos, Por Favor
Escanee el Código QR a
Continuación**



Maternal and Child Health Services

Clinical Services

- Family Planning Clinic
- Full-Service Maternity Care Clinic
- Women, Infant and Children (WIC) Program
- Immunization Clinic—Child and Adult
- Sexually Transmitted Infections (STI) Clinic
- Teen Clinic



General Questions for Crater Health District

 301 Halifax Street
Petersburg, VA 23803

 (804) 863-1652

Subscribe to our newsletter
by scanning our QR Code



Servicios de Salud Materna e Infantil

Servicios Clínicos

- Clínica de Planificación Familiar
- Clínica de Atención Integral de Maternidad
- Programa para Mujeres, Infantes y Niños (WIC)
- Clínica de Inmunización— Niños y Adultos
- Clínica de Infecciones de Transmisión Sexual (ITS)
- Clínica para Adolescentes

Preguntas Generales para el Distrito de Salud de Crater

 301 Halifax Street
Petersburg, VA 23803

 (804) 863-1652

Suscríbete a Nuestro Boletín Escaneando Nuestro Código QR



HIV, STI, AND HEPATITIS TESTING

There are more options for testing than ever before. VDH-funded testing is usually free or low-cost. The cost depends on your income. You can also get tested at healthcare clinics, community based organizations, and some pharmacies.



YOUR SEXUAL HEALTH MATTERS!

Talk about STIs

Test for STIs

Treat STIs

PETERSBURG HEALTH DEPARTMENT

301 Halifax Street
Petersburg, VA 23803
(804) 863-1652

Also offers

Men's Sexual Health Clinic
2nd and 4th Monday 5-7pm

DINWIDDIE HEALTH DEPARTMENT

14010 Boydton Plank Road
Dinwiddie, VA 23841
(804) 469-3771

EMPORIA HEALTH DEPARTMENT

140 Uriah Branch Way
Emporia, VA 23847
(434) 348-4235

HOPEWELL HEALTH DEPARTMENT

1501 W City Point Road
Hopewell, VA 23860
(804) 458-1297

**WE OFFER EDUCATION,
TESTING, AND TREATMENT
AT ALL SEVEN OF OUR
HEALTH DEPARTMENTS!**

PRINCE GEORGE HEALTH DEPARTMENT

6450 Administration Drive
Prince George, VA 23875
(804) 733-2630

SURRY HEALTH DEPARTMENT

474 Colonial Train West
Dendron, VA 23839
(757) 294-3185

SUSSEX HEALTH DEPARTMENT

20103 Princeton Road
Sussex, VA 23884
(434) 246-8611

PRUEBAS DE DETECCIÓN DEL VIH, ITS Y HEPATITIS



Hay más opciones para los exámenes que nunca antes. Las pruebas financiadas por VDH suelen ser gratuitas o de bajo costo. El costo depende de sus ingresos. También puede hacerse la prueba en clínicas de salud, organizaciones comunitarias y algunas farmacias.

SU SALUD SEXUAL IMPORTA:
Habla sobre las ITS
Haz exámenes de las ITS
Trata las ITS

DEPARTAMENTO DE SALUD DE PETERSBURG

301 Halifax Street
Petersburg, VA 23803
(804) 863-1652

También ofrece

Clínica de salud sexual de hombres
2º y 4º lunes 5-7pm

DEPARTAMENTO DE SALUD DE DINWIDDIE

14010 Boydton Plank Road
Dinwiddie, VA 23841
(804) 469-3771

DEPARTAMENTO DE SALUD DE EMPORIA

140 Uriah Branch Way
Emporia, VA 23847
(434) 348-4235

DEPARTAMENTO DE SALUD DE HOPEWELL

1501 W City Point Road
Hopewell, VA 23860
(804) 458-1297

**¡OFRECEMOS EDUCACIÓN,
PRUEBAS Y TRATAMIENTO EN
CADA UNO DE NUESTRO SIETE
DEPARTAMENTOS DE SALUD!**

DEPARTAMENTO DE SALUD DE PRINCE GEORGE

6450 Administration Drive
Prince George, VA 23875
(804) 733-2630

DEPARTAMENTO DE SALUD DE SURRY

474 Colonial Train West
Dendron, VA 23839
(757) 294-3185

DEPARTAMENTO DE SALUD DE SUSSEX

20103 Princeton Road
Sussex, VA 23884
(434) 246-8611

MEN'S SEXUAL HEALTH CLINIC

MONDAY

NIGHT

CHECKUP

2ND & 4TH MONDAYS | 5 TO 7 PM

Petersburg Health Department

301 Halifax St.

Petersburg, VA 23803

This test is ONLY for people who have NEVER had syphilis.

If you have previously tested positive for syphilis and were treated, this test may still show positive, even if you are cured.

what is Syphilis?

A sexually transmitted infection (STI) spread through vaginal, anal, or oral sex and acquired through direct contact with syphilis sores to rashes.

Syphilis can also be passed from mothers to their babies, called congenital syphilis.

what to do if your test is **negative**, but you're still concerned about symptoms.

If you have symptoms – sores, rashes, fever, swollen lymph nodes, sore throat, headaches, unexplained weight loss, muscle aches, fatigue – or have recently had unprotected sex or think you were exposed to syphilis,

Early syphilis is not always detected on a self test.

Call **804-863-1652** to schedule an appointment with the health department or call your healthcare provider.

who is at risk for Syphilis?

People who have unprotected vaginal, anal, or oral sex without a condom with a person that has syphilis.

Sores that are not in areas able to be covered by condoms are still able to transmit syphilis.

what to do if your test is **positive** for Syphilis

Call Disease Intervention Specialist - similar to a case worker - **Kenya Gist at 804-659-6702** to schedule an appointment with the health department for additional testing and treatment as needed.

Get help with partner notification and support.



*Esta prueba es SOLO para personas
que
NUNCA han tenido sífilis.*

*Si anteriormente diste positivo
para sífilis y recibiste tratamiento,
esta prueba aún puede salir positiva,
aunque ya estés curado(a).*

¿Qué es Sífilis?

Una infección de transmisión sexual (ITS) que se transmite a través del sexo vaginal, anal o oral y se adquiere por contacto directo con las llagas o los sarpullidos de la sífilis. La sífilis también puede transmitirse de madres a sus bebés, lo que se llama sífilis congénita.

Qué hacer si tu prueba de Sífilis es **negativa**, pero aún te preocupan los síntomas.

Si tienes síntomas llagas, sarpullido, fiebre, ganglios linfáticos inflamados, dolor de garganta, dolores de cabeza, pérdida de peso sin explicación, dolores musculares, fatiga o si recientemente tuviste sexo sin protección o crees que estuviste expuesto(a) a la sífilis, llama al **804-863-1652** para programar una cita con el departamento de salud o llama a tu proveedor de atención médica.

La sífilis en etapas tempranas no siempre se detecta con una prueba casera.

¿Quién está en riesgo de contraer Sífilis?

Las personas que tienen sexo vaginal, anal o oral sin condón con alguien que tiene sífilis. Las llagas que no están en áreas que puedan ser cubiertas por condones todavía pueden transmitir sífilis.

Qué hacer si tu prueba de Sífilis es **positiva**.

Llame a la Especialista en Intervención de Enfermedades (similar a una trabajadora social) -Kenya Gist al **804-659-6702** para programar una cita con el departamento de salud. Puede obtener pruebas adicionales, tratamiento, transporte a las visitas según sea necesario y ayuda e apoyo con la notificación a sus parejas.





Virginia Department of Health Safety Seat Program

Revised 12.24

The Statewide Safety Seat Program is a statewide child safety distribution and education program offered free of charge to eligible families. Safety restraint devices provided include a convertible safety seat with a starting weight of 5 pounds and a belt-positioning booster seat.

General criteria for eligibility:

- A resident of Virginia, citizenship not required.
- The legal parent or guardian of the child (third trimester through seven years).
- Meets income eligibility to WIC, Medicaid, TANF, SNAP, FAMIS or LISSDEP Income Level Guidelines.
- Child must fit within the program's devices; set by manufacturer's guidelines.
- Parent or legal guardian must complete training in correct seat use and installation.
- Sign a waiver of liability release.

Caregivers, if you are unable to afford car seats, reach out today to see if you qualify for a free seat!

Email: ivp@vdh.virginia.gov

Phone: 1-800-732-8333

Website: www.safetyseatva.org

Supplies are limited so be sure to apply early.



Seat Distribution Program Website

Program Seats



Evenflo Titan65
Convertible



Evenflo Maestro
Booster



Welcome to WIC!

Contact your local WIC office if you would like to apply or re-apply for WIC
(certifications are by appointment only)

WIC certification appointments are in-person and require:

- Proof of identity
- Proof of income
- Proof of residency

Having Medicaid or SNAP may automatically qualify you for the WIC program.

Crater WIC Contact Information

Petersburg	804-609-5737
Hopewell	804-668-7174
Prince George	804-733-2630 ext. 4302
Dinwiddie	804-206-3059
Greensville Emporia	434- 336-6289
Sussex	434-246-7254
Surry	757-522-7268

YOUR WIC CARD IS YOUR PASSPORT TO THE ARTS

THEATRE, DANCE, VISUAL ARTS AND MORE

Virginia Commission for the Arts, in partnership with Virginia Department of Health, provides access to **FREE** or **DISCOUNTED** tickets, classes, and more through the Passport Program!



Learn more:

<https://vca.virginia.gov/initiatives/passport-program/>



FREQUENTLY ASKED QUESTIONS

What is the Passport Program?

The Passport Program offers free or discounted admission to participating arts organizations across Virginia.

Who can participate?

Only WIC recipients are eligible. Family members may also be eligible, depending on the individual organization.

Do I need a special Passport Program card to use the program discounts?

No, the WIC card issued by VDH works as your 'passport.' Please note that WIC cards cannot be used for payment.

Are there limits when using the program?

You may use the Passport Program discounts at as many participating organizations as you'd like. However, individual organizations may limit the number of people who can use the discount at one time.

Check out the current list of Passport Opportunities by scanning the QR code on the front of the flyer!



SU TARJETA WIC ES SU PASAPORTE A LAS ARTES

TEATRO, BAILE, ARTES VISUALES, Y MÁS

La Comisión de Las Artes de Virginia, en colaboración con El Departamento de Salud de Virginia, brinda acceso **GRATIS** o con **DESCUENTO** a entradas, clases, y más a través del Passport Program!



Aprenda más:

<https://vca.virginia.gov/initiatives/passport-program/>



PREGUNTAS FRECUENTES

15

¿Qué es el Passport Program?

El programa brinda entradas gratis o con descuento en organizaciones de arte participantes por todo Virginia.

¿Quien puede participar?

Solo los participantes de WIC son elegibles. Puede ser que miembros de la familia sean elegibles tambien, dependiendo de la organización individual.

¿Necesito una tarjeta especial para aprovechar los descuentos del Passport Program?

No, la tarjeta WIC que viene de VDH funciona como su 'pasaporte.' Tenga en cuenta que las tarjetas WIC no se acepta como forma de pago.

¿Hay límites en como aprovecho del Passport Program?

Puede usar tantos descuentos del Passport Program en las organizaciones participantes como quiera. Sin embargo, las organizaciones individuales pueden poner límites sobre el numero de personas que pueden usar el descuento a la vez.

¡Escanee el Código QR en la portada para revisar la lista actual de oportunidades!





WEEKLY WELLNESS CHECK

Tuesdays at 3 pm & 6 pm and Wednesdays at 10 am

WITH DR. ALTON HART, JR.
Director, Crater Health District

& JENNIFER WILLIAMSON
WVST RADIO with Virginia State University

Hear COVID-19 updates, pertinent health-related information and community voices discussing clinical and health matters .

TUNE INTO 91.3 FM

This is a Community Outreach Program of the Crater Health District in Partnership with Virginia State University



FREE Heart Healthy Food Options WINTER HOURS

**Justin J. Davis
Heart Foundation**

**Healthy Heart &
Hygiene Hub@ VCRC**

FEED MORE

LOCATION

**Virginia Community Resource Center
22 W Washington St. Petersburg VA**

BY APPOINTMENT

**Every 1st and 3rd
Wednesday 10:00am-1:00pm**

**INSIDE DISTRIBUTION FROM
THE FRONT LOBBY**

**4th Thursday January thru March
4:30pm-6:30pm**

1ST COME 1ST SERVED

50 MAX

Need Assistance?



<https://jldheart.org>



FOR MORE INFORMATION

info@jldheart.org 804-943-6898



Opciones de Alimentos
Saludables para el Corazón GRATIS

HORARIO DE INVIERNO

**Justin J. Davis
Heart Foundation**

**Centro de Salud Cardíaca
e Higiene @ VCRC**

FEED MORE

UBICACIÓN

**Virginia Community Resource Center
22 W Washington St. Petersburg VA**

CON CITA PREVIA

**Todos los 1er y 3er
Miércoles de 10:00am - 1:00pm**

**DISTRIBUCIÓN EN EL INTERIOR
DESDE EL VESTÍBULO PRINCIPAL**

**4to Jueves de Enero a Marzo
4:30pm-6:30pm**

POR ORDEN DE LLEGADA

50 MAX

¿Necesita ayuda?



<https://jldheart.org>



PARA MÁS INFORMACIÓN

info@jldheart.org 804-943-6898



¡SNAP/EBT PUEDE AYUDAR CON LAS COMPRAS DE ALIMENTOS!

El Programa de Asistencia Nutricional Suplementaria (SNAP), también conocido como cupones de alimentos o EBT, ofrece beneficios mensuales para alimentos. SNAP se puede usar en supermercados, mercados agrícolas y en línea para comprar alimentos frescos y nutritivos.

¡FEED MORE PUEDE AYUDARLE A SOLICITAR SNAP/EBT!

Nuestros navegadores de recursos comunitarios pueden ayudarlo con el proceso de solicitud.

¡Llame al 804-549-5674 para una cita!

¿QUIÉN ES ELEGIBLE?

- Residentes de Virginia
- Ciudadanos estadounidenses o ciertos extranjeros con residencia legal. Incluso si algunos miembros del hogar no son elegibles, los miembros elegibles pueden recibir beneficios.
- Estudiantes universitarios que trabajan 20 horas semanales, participan en un programa de estudio y trabajo, tienen una discapacidad o están inscritos en el programa de Empleo y Capacitación SNAP o WIOA.
- Los adultos sanos sin dependientes (ABAWD), de 18 a 64 años, deben cumplir con requisitos laborales específicos, a menos que estén exentos.

DOCUMENTOS NECESARIOS

- Fecha de nacimiento y número de Seguro Social de todos los solicitantes.
- Información sobre ingresos (recibos de pago, seguro social, etc.).
- Gastos del hogar (alquiler/hipoteca, electricidad, agua, teléfono, etc.).
- Documento de identidad (licencia de conducir, pasaporte, identificación estatal, etc.).
- Los ingresos, gastos y otros factores del hogar determinan la elegibilidad para el SNAP.

¿QUIERES RECURSOS ALIMENTICIOS ADICIONALES?

La Línea de Ayuda de Feed More puede ayudarlo a encontrar bancos de alimentos cerca de usted. Llama al **804-822-4111** o visita **www.feedmore.org/HelpLine**



Puede ver si es elegible escaneando el código QR o visitando **www.snapscreener.com/screener/virginia**





SNAP/EBT CAN HELP WITH GROCERIES!

The **S**upplemental **N**utrition **A**ssistance **P**rogram, often called **SNAP**, food stamps, or EBT, provides monthly grocery benefits. SNAP can be used in grocery stores, farmers markets, and online to purchase fresh and nutritious food.

FEED MORE CAN HELP YOU APPLY FOR SNAP/EBT!

Our Community Resource Navigators can support you with the application process.

Call 434-262-4011 for an appointment!

WHO IS ELIGIBLE?

- Virginia Residents
- U.S. citizens or certain lawfully present non-citizens. Even if some household members are ineligible, eligible members can still receive benefits.
- College Students who work 20hr/wk, are in a work study program, disabled, or enrolled in SNAP Employment & Training program or WIOA
- Able-bodied adults without dependents (ABAWDs), aged 18–64, must meet specific work requirements unless exempt

DOCUMENTS NEEDED

- Date of birth & Social Security Numbers for everyone applying
- Income information (pay stubs, social security, etc)
- Household expenses (rent/mortgage, electricity, water, phone etc)
- Identification Card (drivers license, passport, state issued ID, etc.)
- Household income, expenses and other factors determine SNAP eligibility

WANT ADDITIONAL FOOD RESOURCES?

The Feed More Help Line can help connect you to food pantries in your area.

Call **804-237-8617** or visit **www.feedmore.org/HelpLine**



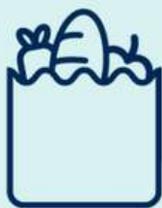
You can see if you may be eligible by scanning the QR code or going to **www.snapscreener.com/screener/virginia**





WANT HELP WITH FOOD?

Feed More's Help Line is here to connect you to food resources in your community.



Food Pantries



Meals



SNAP/ EBT

CONTACT FEED MORE TODAY!

Scan to
get help



804-237-8617



FEEDMORE.ORG/HELPLINE

FEED MORE



¿QUIERES AYUDA CON COMIDA?

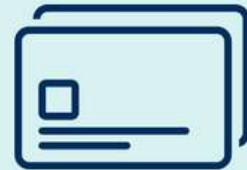
Estamos aquí para conectarlo con recursos alimentarios en su comunidad.



Despensas de alimentos



Comidas preparadas



Cupones de alimento

¡PUEDES CONTACTAR A FEED MORE HOY!

Escanea para obtener ayuda



804-822-4111



FEEDMORE.ORG/HELPLINE

FEED MORE

PHOPs (Petersburg Healthy Options Partnerships) Community Health Worker Network



Program Process

- Provide community health worker training and career development opportunities to Petersburg residents
- Develop the community health worker workforce in Petersburg
- Support Petersburg communities by connecting them to food, health, wellness, educational, spiritual, and financial resources

Goals

- Increase connections between Petersburg residents and social and medical services
- Enhance the Petersburg City Extension office's reach and impact
- Improve access to healthy foods, active living, and healthcare services
- Improve health outcomes (reduce prevalence of chronic conditions and improve mental and physical health) of Petersburg residents

Partnership Opportunities

- We can provide community connections to resources and support at outreach events
- We can connect your clients/residents/neighbors to Virginia Cooperative Extension programs and resources
- We can provide healthy food and active living information materials and resources
- Ask us about other support and resources we can provide!!!



**To partner or for more info contact:
Lenice Sudds at lenice@vt.edu or
(804) 433 -3059**



Friday Distribution

Volunteers Start Arriving:
3:30 PM

Distribution Starts: 4 PM



12211 Iron Bridge Road
Chester, VA 23831

WWW.CFBOC.ORG



THE HOPE HOUSE

The Hope Center, which is part of the City of Refuge, will be operating a shelter for the homeless of Hopewell starting on Saturday, November 15th.



Who: Available for Men and Women

**Where: 102 S. 10th Avenue
Hopewell, VA 23806**

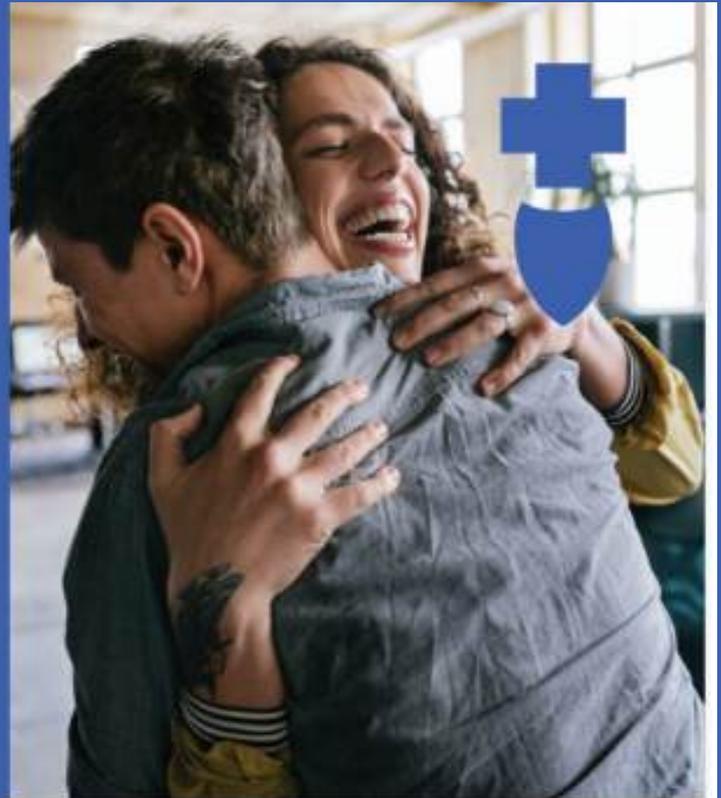
When: Daily-starting at 7pm until 8am



Anthem 
And Its Affiliate HealthKeepers, Inc.

Community Connected Care is your advocate for support

If you are in need, our Community Connected Care program can empower you with resources and information to address the things that impact your health



Anthem works to help people who need it most. It's why your health plan now gives you access to Community Connected Care — a trained network of local community-based care coordinators to help people who have unmet health and social needs.

Care coordinators live in your community and can connect you to resources nearby for support with physical and mental health advocacy, and family needs, like:

- Housing insecurity
- Transportation challenges
- Access to food
- Concerns about money
- Social isolation
- Caregiving support
- Medical and medication costs
- Behavioral health needs

“GroundGame.Health connected me with a discount program that made my prescriptions more affordable. And they arranged help with groceries when I needed it.”

— Sarah, 50*



**Supporting you,
every step of the way**

GroundGame.Health is our trusted Community Connected Care partner that helps connect Anthem members to the support they need to live their healthiest lives. A Care Coordinator from GroundGame.Health may reach out to assess your needs then serve as your advocate, connecting you to health benefits, local services, and organizations in your community that can provide the most effective support. Your participation in the program is completely voluntary and confidential.



Do you need support? It's free, it's easy, and it's discreet. Visit groundgame.health/anthem to learn more and connect with someone who can help.



Hopewell Caregiver Support Group

Presented by:

Alzheimer's Association

Greater Richmond

First Wednesday of Every Month
10:00 a.m. - 11:00 a.m.

First Baptist Church Hopewell
401 N 2nd Avenue
Hopewell VA 23860

Beginning September 4, 2024

Please register by calling 800.272.3900

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

BASIC NEEDS

Stopping Crises: We deliver immediate emergency food, rent, and utility assistance, preventing families from falling deeper into hardship.

Transforming support: Our rent and utility aid will integrate financial literacy workshops and dedicated family support, building long-term independence.

Revolutionizing food access: Our food pantry is shifting to a client-choice, menu-style model, empowering families to select nutritious, appealing, and affordable groceries that meet their needs.



CONTACT US

-  710 Dawn St, Richmond
-  804-788-0050
-  www.capup.org
-  info@capup.org



CAPUP

CAPUP works to meet basic needs and address the root causes of poverty.

We serve the communities of Richmond, Petersburg, Hopewell, Prince George, and Dinwiddie.

PROJECT DISCOVERY

Guide the next generation: We provide essential dropout prevention and college/career readiness for at-risk 6th–12th graders.

Cultivate leaders: Students gain coaching, peer support, and attend transformative workshops on financial literacy, scholarships, career paths, and college tours.

Inspire bright futures: We empower young people to achieve their highest potential.

FAMILY SUPPORT SERVICES

Drive long-term change: We provide continuous, wraparound services and coaching-style case management for ALICE (Asset Limited, Income Constrained, Employed) families with minor children.

Build resilience: Our support includes vital crisis assistance, collaborative goal setting, and expert resource navigation.

Ensure stability: Families can access basic needs assistance, creating a seamless pathway to security.

SENIOR SERVICES

Champion senior wellness: In partnership with The Span Center, we deliver critical services that enhance the mental, social, behavioral, and physical well-being of our more experienced adults.

Promote independence: We help seasoned adults maintain independent living, connecting them to vital resources.

**National Poison
Prevention Week
March 15-21, 2026**



**Call the Poison Help line at
1-800-222-1222**

If you have a question about poisons or if someone:



Took the wrong medicine or too much.



Swallowed something you're not supposed to.



Breathed in (inhaled) something harmful.



Got poison in the eyes.



Got poison on the skin.

**POISON
HELP** 
1-800-222-1222

**Semana Nacional
de Prevención
de Envenenamientos
15 al 21 de marzo de 2026**



**Llame a la línea Poison Help
al 1-800-222-1222**

Si tiene preguntas sobre venenos o si alguien:



Tomó el medicamento equivocado o demasiado.



Ingirió algo que no debía.



Respiró (inhaló) algo dañino.



Tiene veneno en los ojos.



**Tuvo contacto con
veneno en la piel.**

**POISON
HELP**
1-800-222-1222 



Sentara Mobile Care

Are you looking for health and wellness care that is more convenient?

NEW LOCATION
Where:

SERVICE NOT AVAILABLE AT THIS TIME

• Walk-ups welcome

Services offered:

- Medical Care
- Behavioral Health
- Health Education
- Social Assistance
- Financial Support

When:
Every Thursday
Time:
2:00 p.m. – 5:00 p.m.

Call us to make an appointment at 804-613-3940
Learn more about Sentara Mobile Care at Sentara.com/CommunityCare





Sentara Mobile Care

Are you looking for health and wellness care that is more convenient?

NEW LOCATION

Where:

SERVICE NOT AVAILABLE AT THIS TIME

Services offered:

- Medical Care
- Behavioral Health
- Health Education
- Social Assistance
- Financial Support

When:

Every Thursday

Time:

10:00 a.m. – 1:00 p.m.

Call us to make an appointment at 804-613-3940

Learn more about Sentara Mobile Care at Sentara.com/CommunityCare





BRING IN THE NEW YEAR WITH A HEALTHY SMILE!

Help Your Child Start the New Year with a Healthy Smile!

Having a dental checkup is a great way to start the New Year. Your dental plan covers 2 dental checkups each year.

Your dental provider can give tips on how to keep your child's teeth strong, healthy and pain free. Dental providers can catch the early signs of tooth decay and prevent problems with fluoride and sealants.

Call your dental provider today to get your child's dental checkup scheduled!

Use the Find a Dentist tool on DentaQuest.com to find a provider near you or call member services at 1-888-912-3456.

ORAL HEALTH IS SIMPLE!

-  Brush and floss every day.
-  Choose healthy snacks that are low in sugar.
-  Drink tap water instead of juice or soda.
-  Have a dental checkup twice a year.



RECIBA EL AÑO NUEVO CON UNA SONRISA SANA

Ayude a su hijo a empezar el nuevo año con una sonrisa sana!

Un chequeo dental es una buena manera de empezar el Año Nuevo. Su plan dental cubre 2 chequeos dentales cada año.

Su proveedor dental puede darle consejos sobre cómo mantener los dientes fuertes, sanos y sin dolor. Los proveedores dentales pueden detectar las primeras señales de caries dental y prevenir problemas con fluoruro y selladores.

Comuníquese hoy mismo con su proveedor dental para programar el chequeo dental de su hijo.

Use la herramienta Buscar un dentista en DentaQuest.com para buscar un proveedor cerca de usted o comuníquese con el Departamento de servicios para afiliados al 1-888-912-3456.

LA SALUD BUCODENTAL ES MUY SENCILLA.

-  Cepílese y use el hilo dental todos los días.
-  Elija refrigerios saludables con bajo contenido de azúcar.
-  Beba agua de la llave en lugar de jugo o gaseosa.
-  Hágase un chequeo dental dos veces al año.



Llámanos @ 804-389-0521

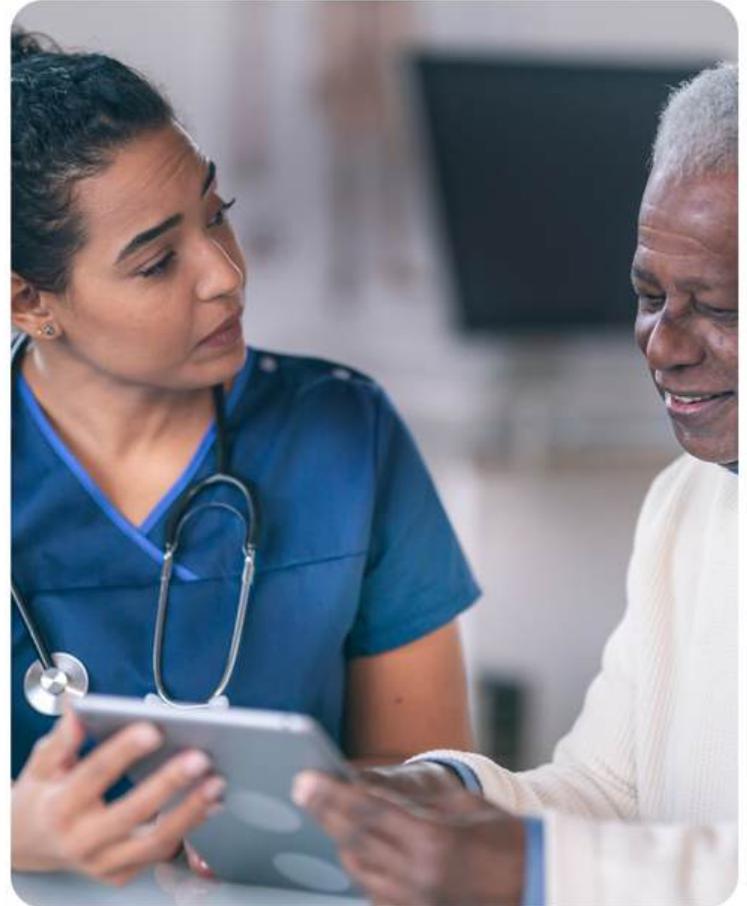
Envíanos un Correo Electrónico @:
mhwp@vcu.edu

En Alianza Con



VCU

School of Nursing



Nuestro Servicios



Evaluación En El Sitio

- Chequeo de Presión Arterial
- Chequeo de Azúcar en Sangre
- Educación y Información para los Medicamentos



Coordinación de la Atención

- Objetivos de Salud y Bienestar
- Conexión con la Atención Primaria
- Información de Transporte y Vivienda
- Información Sobre Nutrición y Dieta Saludable
- Dejar de Fumar



También Disponible

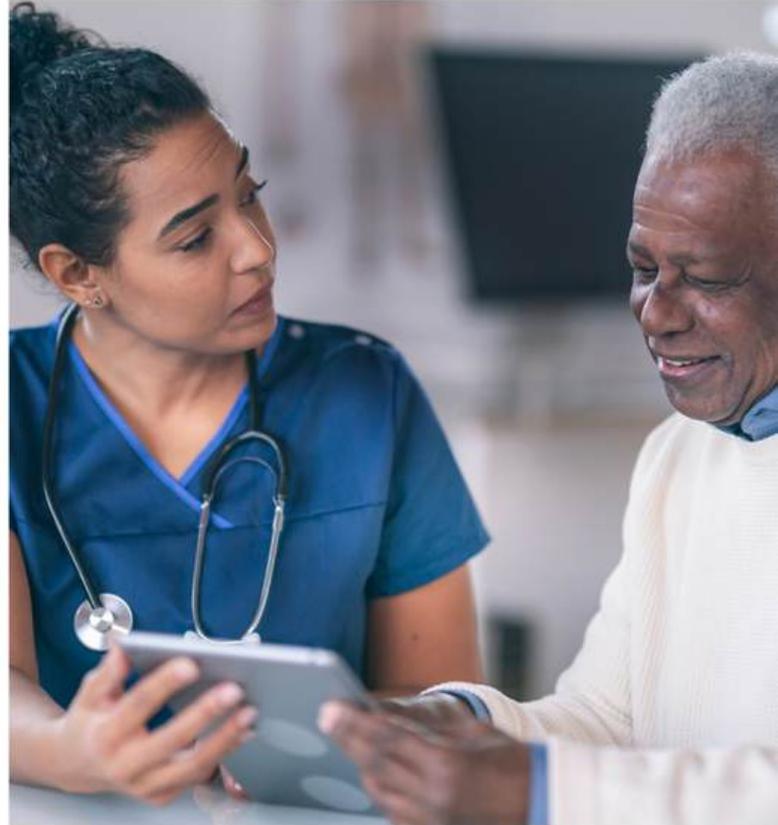
- Planificación Avanzada de Cuidados
- Vales de Gafas Gratis o Bajo Costo
*Debe Tener Prescripción de Este Año

¡Adultos Mayores de 18 Años Son Bienvenidos, No Se Necesita Identificación ni Seguro!

Virginia Community Resource Center
22 West Washington St. Petersburg, VA 23803

Las Fechas y Horarios Varían, Llame o Envíe un Correo Electrónico para Solicitar una Cita

In Partnership With



Our No Cost Services



On-Site Screening

- Blood Pressure Check
- Blood Sugar Check
- Hypertension and Diabetes Medication Information
- Mental Health Screening



Care Coordination

- Health & Wellness Goals
- Connecting to Primary Care
- Transportation & Housing Info
- Nutrition & Healthy Eating
- Smoking Cessation



Also Offering

- Help with Advance Care Planning
- Free Glasses Vouchers (*Need Prescription from This Year)

Adults over 18 with or without insurance are welcome!

Virginia Community Resource Center
22 West Washington St. Petersburg, VA 23803
On-site Parking Available
EVERY WEDNESDAY 9AM - 3:30PM

CVHS School-Based Health Centers

 www.cvhsinc.org



A Doctor's Office Right on School Grounds

Central Virginia Health Services (CVHS) is the oldest and largest federally qualified health center in Virginia.

Two CVHS locations are school-based health centers: Crimson Clinic inside Petersburg High School and Blue Devils Health Center inside Hopewell High School. These two school-based health centers give residents in the Tri-Cities area better access to healthcare, especially students.

Medical



Behavioral Health



Dental



Crimson Clinic

inside Petersburg High School

Monday - Friday
8:00 AM - 4:30 PM

www.cvhsinc.org/crimson-clinic

Contact: (804) 972-0068

Blue Devils Health Center

inside Hopewell High School

Monday - Friday
8:00 AM - 4:30 PM

www.cvhsinc.org/hopewell-school-based

Contact: (804) 451-3013

Accessible Health Care



Healthier Students & Families

Prioritizing Student Health



Student Academic Success

Strengthening Community Health



Thriving Communities

CVHS Centros De Salud En Las Escuelas

 www.cvhsinc.org



Un consultorio médico en pleno recinto escolar

Central Virginia Health Services (CVHS) es el centro de salud calificado a nivel federal más grande y antiguo de Virginia.

Dos de las ubicaciones de CVHS son centros de salud escolares: Crimson Clinic dentro de Petersburg High School y Blue Devils Health Center dentro de Hopewell High School. Estos dos centros de salud escolares brindan a los residentes del área de Tri-Cities un mejor acceso a la atención médica, especialmente a los estudiantes.

Médico



Salud conductual



Dental



Crimson Clinic

Dentro de la escuela secundaria Petersburg

Lunes - Viernes
8:00 AM - 4:30 PM

www.cvhsinc.org/crimson-clinic

Contacto: (804) 972-0068

Blue Devils Health Center

Dentro de la escuela secundaria Hopewell

Lunes - Viernes
8:00 AM - 4:30 PM

www.cvhsinc.org/hopewell-school-based

Contacto: (804) 451-3013

Atención sanitaria accesible → Estudiantes y familias más saludables
Priorizar la salud de los estudiantes → Éxito académico estudiantil
Fortalecimiento de la salud comunitaria → Comunidades prósperas

Hopewell Prince George Healthy Families

“Now Enrolling”



‘Enroll prenatal to six months old
‘Infant Basic Care & ‘Postpartum Care

Home Visitation

‘Teen Parent Groups

Fatherhood Program

‘Parent Education Class

‘Referrals to Community Resources

‘Developmental Screenings

‘Doula’

‘Infant Massage’

‘Car Seat Tech

“Keep in contact until your child is five years old”



Scan
Here to request
more information



Healthy Families
Hopewell and Prince George County



Contact:

Keisha P. White

(804) 721-1688

kpettaway@hopewellva.gov

224 North Main St.

Hopewell Va 23860



Becoming a New Mom or Dad?

Just recently given birth and need the added support?

Loving Steps is a free and voluntary program.

Our Services :

- Prenatal and Postpartum Care planning
- Lactation Guidance
- Health Education and Resources
- Community Support Resources Services
- Doula Service
- Infant Massage Services
- Mental health Support Services
- Parent Education
- Fatherhood Services

NOW ENROLLING
IN THE HOPEWELL,
PETERSBURG,
DINWIDDIE AREA



Scan Here

Parenting doesn't come with a handbook,
The Loving Step's Team is here to help
you on your journey to Parenthood!

FOR MORE INFORMATION

804-352-4018 ext: 644

HF@HOPEWELLVA.GOV





URBAN BABY BEGINNINGS PRESENTS YOUR PATHWAY TO CARE: THE MATERNAL HEALTH HUB SYSTEM

Supporting Families. Building Community. Connecting Systems.

The Maternal Health Hub System connects families to their local perinatal health hubs, offering coordinated care, resources, and support during pregnancy, after birth, and early parenting. It ensures services follow the same rules and track progress for reliable help. Follow the path to learn how you can connect to your local perinatal health hub.



Connect with us!

Find the Hub Nearest You!

UBB has Perinatal Health Hubs in Richmond, Petersburg, Newport News, Norfolk, & Roanoke.

Call or Text: 833-782-2229 (833-RVA-BABY) to connect to a specialist!

Visit: www.urbanbabybeginnings.org to submit a referral today!



URBAN BABY BEGINNINGS

SISTER'S KEEPER

You and your little ones are invited to our Maternal Health Hubs for

Sister's Keeper, a mommy & me support group!

Scan the QR code or click the button below to register.



REGISTER

Free for UBB Members, contact your Care Coordinator for more information.

QUESTIONS? CONTACT US AT THE INFORMATION BELOW.

info@urbanbabybeginnings.org

833-782-2229

+ Queens

EXCLUSIVE INVITATION:



A EVENING WITH THE GIRLS

MHC Community Engagement Center
206 E Clay Street Suite B
Richmond VA 23219
Second Thursday (Monthly)
Time: 6:00PM



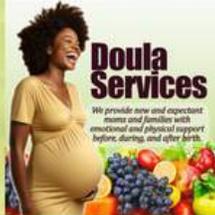
OUR PROGRAMS



Mommies, Bellies, Babies & Daddies: The ABC's of Breastfeeding

MBBD was created with the goal to inform new mothers about the importance of breastfeeding, nutrition during and after pregnancy, and combating the maternal and infant mortality rate in minority communities.

[LEARN MORE](#)



Doula Services

Providing new and expectant moms and families with emotional and physical support before, during, and after birth; while gaining knowledge and techniques to assist in a safe, healthy, and empowering birth experience.

[LEARN MORE](#)



A Mother's Justice

Born from MBBD, A Mother's Justice invests resources in hunger prevention, nutrition education, MCH health planning, and baby/maternal risk.

[LEARN MORE](#)

FOOD IS MEDICINE

We all deserve the human right to adequate food, freedom from food deserts, and healthcare.

FOOD IS MEDICINE is a nutrition and food delivery program that provides access to local produce and farm fresh foods, nutritional support, and specialized care to pregnant women and their families in food desert communities.

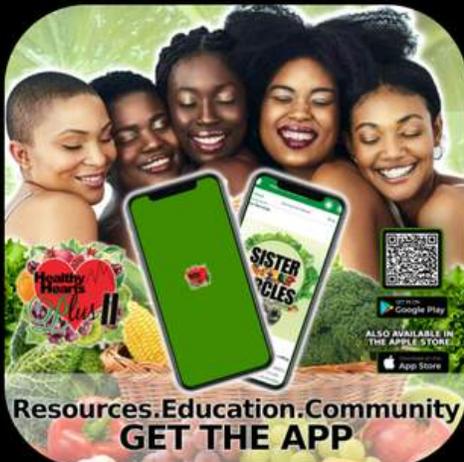
These services allow expectant moms and their families a chance to experience a healthy and safe prenatal, intrapartum, and postpartum journey through good nutrition.



MOBILE FOOD PANTRY

The Central Virginia Food Bank's Mobile Food Pantry Program has been serving the Richmond community since October 2009. It was designed to decrease hunger within the community on a nutritional level base on the individual's needs. This program has improved the lives of those who are homeless and struggling to make ends meet.

The program takes place in 4 locations: Vernon J. Harris, Whitcomb Court, Chester, and Petersburg. The food pantry serves an average of 500 people at each site; this number is steadily rising. Petersburg distributes on the 1st of every other month, Vernon J. Harris is on the 2nd of every other month, Chester is on the 3rd of every other month and Whitcomb Court is on the 4th of every other month.



Get The Healthy Hearts Plus II App & Stay Connected With Our Community!!

Mommies, Bellies, Babies, and Daddies provides weekly peer and professional support through the Sister Circles, Deliveries of Groceries and Mommy Essentials, The ABC's of Breastfeeding education and nutritional screenings and guidance - Plus referrals for professional doula services and emotional support. Download the Healthy Hearts Plus II App for Android or IOS Today!



FOR IPHONE



FOR ANDROID



CONTACT US

Phone
(804) 528-9317

FREE SERVICES FOR FAMILIES

Postpartum
Support Virginia 

Please scan QR code, visit our website at postpartumva.org,
or call 703-829-7152 to access our Support Services.

Support Groups



In-person support groups. Select a group by location, date/time, or topic. Information about our 6-week Mothers and Babies groups can also be found [here](#).

Care Coordination



Care Coordination helps families connect with mental health providers, doulas, or other support services. Call our **Warmline** 703.829.7152 or email: care@postpartumva.org

Peer Mentors



This program pairs individuals with a trained volunteer who has recovered from a perinatal mental health issue for one-on-one support.

Spanish Support Services



We offer care coordination, support groups, local resources, and peer support, for Spanish-speaking families.

Warmline



If you need direct support, are overwhelmed or just want to chat, please call the PSVa Warmline for support (English or Spanish) (703) 829-7152 or text (540) 698-1277 (English) (757) 550-4234 (Spanish)

Shelane's Fund



Shelane's Fund provides financial assistance to offset the cost of mental health care or other services needed to heal from the effects of a perinatal mental health issue.

SERVICIOS GRATIS PARA FAMILIAS



Por favor escanee el código QR, visite nuestra página web postpartumva.org o llame al 703-829-7152 para tener acceso a nuestros Servicios de Apoyo.

Grupos de Apoyo



Grupos de apoyo en persona.
Seleccione un grupo por ubicación, fecha/hora, o tema.
Aquí puede encontrar información sobre nuestro grupo de Mamás y Bebés.

Coordinación de Servicios de Apoyo



La coordinación de Servicios de Apoyo ayuda a conectar a las familias con proveedores de salud mental, doulas u otros servicios de apoyo.

Llame a nuestra Línea de Asistencia: 703.829.7152
o mande un correo electrónico a care@postpartumva.org

Programa de Mentoras



Este programa empareja a personas con una voluntaria entrenada que se ha recuperado de un trastorno perinatal de salud mental para tener apoyo individual.

Servicios de Apoyo en Español



Ofrecemos coordinación de servicios, grupos de apoyo y recursos locales por medio de mentoras para familias que hablan Español.

Línea de Asistencia



Si necesita apoyo directo, se siente abrumada, o solo quiere platicar, por favor llame a la Línea de Asistencia de PSVa para obtener apoyo (Inglés o Español) (703) 829-7152

or mande un mensaje de texto:
(540) 698- 1277 (Inglés)
(757) 550-4234 (Español)

Fondo de Shelane



El Fondo de Shelane ofrece asistencia financiera para cubrir el costo de atención para la salud mental, u otros servicios necesarios para recuperarse de un trastorno perinatal de salud mental.



WE FACILITATE ACCESS TO HEALTHCARE SERVICES

WORKING FOR A HEALTHY COMMUNITY

OUR SERVICES INCLUDE:

- Health information services and other resources in VA
- Guidance and follow up to make sure you receive the support you need
- Information about local vaccination events
- Sign-ups for free mammogram screening.
- Education and resources for cancer prevention.

PROGRAMS:

Healthy lifestyle and self-management of chronic diseases, such as diabetes and high blood pressure.

Providing services in the Richmond area, Petersburg, Virginia Beach, and Harrisonburg.



(804) 924-5109



(804) 924-5109

Monday to Friday: 9:00 am - 5:00 pm



www.lacasadelasalud.org



Office address:
7122 Hull Street Rd, Richmond VA 23235

Follow us



[lacasadelasaludofficial](https://www.facebook.com/lacasadelasaludofficial)



[lacasadelasalud.rva](https://www.instagram.com/lacasadelasalud.rva)



FACILITAMOS EL ACCESO A SERVICIOS DE SALUD

TRABAJANDO POR UNA COMUNIDAD SANA

NUESTROS SERVICIOS:

- Información de servicios de salud y otros recursos en VA
- Conexión y seguimiento para que recibas el apoyo que necesitas.
- Información sobre eventos locales de vacunación
- Inscripción para exámen de mamografía gratis
- Educación y recursos para la prevención del cáncer y la detección temprana

PROGRAMAS:

Promoción de estilo de vida saludable, talleres de autocuidado para diabetes, presión arterial alta y otras enfermedades.

Brindando servicios en el área de Richmond, Petersburg, Virginia Beach y Harrisonburg.



(804) 924-5109



(804) 924-5109

Lunes a Viernes: 9:00 am - 5:00 pm



www.lacasadelasalud.org



Office address:

7122 Hull Street Rd, Richmond VA 23235

Follow us



[lacasadelasaludofficial](https://www.facebook.com/lacasadelasaludofficial)



[lacasadelasalud.rva](https://www.instagram.com/lacasadelasalud.rva)

Join a Virtual Peer Group!

Dads Under Construction

Peer group for new and expecting fathers
1st & 3rd Tuesdays | 6:00pm - 7:30pm

Dad 2 Dads

Peer group for fathers and father figures
2nd & 4th Mondays | 6:00pm - 7:30pm

Coach's Corner

1-on-1 parent coaching and community
resource connections
Contact us to schedule a meeting!

Sponsored by



Get Connected!

(757) 337-3429

theupcenter.org/dad2dads

dads@theupcenter.org



757.354.3819

580 E. Main Street, Suite 400 | Norfolk, VA 23510

222 W 19th Street | Norfolk, VA 23517

1805 Airline Blvd. Portsmouth, VA 23707

www.theUPcenter.org

The Up Center is a 501(c)(3) nonprofit organization.



**NEED HELP MANAGING YOUR CHILD'S
ASTHMA?
The Breathe Easy Program
can help!**

Learn to manage asthma

**Coordinate an Asthma Action
Plan with Your Medical Provider**

**Identify and address triggers in the
home.**

**Connect to Community
Resources**

<https://www.familylifeline.org/asthma-enrollment>

**SCAN TO
ENROLL IN
SERVICES**



**SERVICES ARE FREE AND TAKE PLACE IN YOUR HOME. AVAILABLE
FOR CHILDREN IN PETERSBURG COMMUNITY UP TO AGE 18.**



**Joanne Johnson (She/Her)
Certified Community Health Worker
jjohnson@familylifeline.org
(804)528-9451**





Facing Cancer? We're Here to Help

CancerLINC is a nonprofit that serves the Greater Richmond area, connecting cancer patients and their families with free legal, financial, and community resources to tackle the non-medical challenges that come with a diagnosis.

CancerLINC services are always free, and professional services are provided at no charge for patients that meet income guidelines



No one should have to face cancer alone.

With the support of 160+ volunteer professionals, we assist with:

- Legal documents for end-of-life planning
- SSDI, SSI, Medicare and Medicaid issues/denials
- Debt management
- Financial planning and counseling
- Connections to community resources that assist with day to day expenses, mental health support, and more

<https://cancerlinc.org>



Contact Us!

☎ 804-562-0371 | ✉ clientservices@cancerlinc.org | 🌐 [cancerLINC.org](https://cancerlinc.org)



¿Enfrentando Cáncer?

Estamos aquí para apoyar

CancerLINC es una organización sin fines de lucro en el área metropolitana de Richmond, que conecta gratuitamente a los pacientes con cáncer y sus familias con recursos legales, financieros y comunitarios para enfrentar los desafíos no médicos que conlleva un diagnóstico.

Los servicios de CancerLINC siempre son gratis y servicios profesionales serán brindada sin cargos adicionales para pacientes que cumplen con las pautas de ingreso



Nadie debe enfrentar el cáncer solo.

Con el equipo de 160+ voluntarios profesionales, asistimos con:

- **Documentos legales para la planificación de la etapa final de la vida**
- **Asuntos/ denegaciones de SSDI, SSI, Medicare y Medicaid**
- **Gestión de deuda**
- **Consejería y planificación financiero**
- **Conexiones a recursos comunitarios para apoyar con los gastos del vivir diario, salud mental, bienestar y más.**



<https://cancerlinc.org/esp/>

Contact Us!

☎ 804-562-0371 | ✉ clientservices@cancerlinc.org | 🌐 [cancerLINC.org](https://cancerlinc.org)



We are a Non-Profit Organization dedicated to helping individuals with Substance Abuse Disorders.

Teaching them how to have a Productive Life by implementing a 12 Step Biblical Program to lead a Constructive and Rewarding Life. Our applicants come from around the region where we provide them with a safe and caring environment. Regenesis has an experienced Team to mentor and guide them in their recovery and development of new skills.

**Drug & Alcohol Rehabilitation ▪ 9 Month Residential Program
Residential Housing for Women ▪ Residential Housing for Men
Phase II Re-Entry Residence for Men ▪ Biblical 12 - Step Program
Employment Readiness & Assistance ▪ Community Outreach
Regenesis Workforce ▪ Peer Recovery Specialist (PRS)**

***For more information please call 804-451-4481
or email info@regenesislife.org***

www.Regenesislife.org





Hannah's Home



Hannah's Home is a transformative twelve-month Christian residential program designed to support mothers who are grappling with addiction or other life-controlling issues. What makes this program unique is its specialized focus on mothers either expecting a child or who have infants up to four years old. Recognizing the challenges many mothers face in seeking help while caring for their children.

Hannah's Home provides a safe, loving, and structured environment for both mother and child, eliminating the need for separation during this critical period while receiving a range of essential life skills, including overcoming addiction, managing everyday life demands, understanding nutrition's significance, acquiring financial budgeting skills, and developing practical parenting skills. Hannah's Home is more than just a recovery facility; it's where mothers can learn and implement the tools necessary for sustained success and stability.

Hannah's Home is a beacon of hope, offering a holistic approach to recovery that recognizes the unique needs of mothers and their children, providing the support and resources needed for a successful and drug-free life.

Regenesis is a 501 C3 nonprofit. Please consider partnering with us today.

For more information on Hannah's Home please call 804-451-4481 or visit www.regenesislife.org/hannahs-home/



Youth Crisis Receiving Center

804-553-3201

Program Overview

In partnership with Henrico County, the Youth Crisis Receiving Center (CRC) at St. Joseph's Villa provides immediate access to behavioral health services. Qualified professionals offer rapid assessments and crisis stabilization services, and make essential connections to community-based providers for follow-up care upon discharge.

Because a mental health crisis can have a profound effect on family members, the CRC serves the entire family. Family involvement is integral to treatment, and helps to address the root of the crisis as well as ongoing needs.

Admissions and Referrals

In-take hours: 8:00am-8:00pm, 7 days/week

Serving the Region 4 catchment area of Central Virginia, the CRC tailors services to youth ages 7 to 17 who are experiencing a behavioral health crisis.

Referrals to the CRC may be self-initiated or come from various sources, including:

- Community Service Boards in Region 4
- 988 Community Response Team
- Hospital emergency rooms
- Law enforcement
- Community providers
- Families

Upon an individual's arrival, they will receive an initial screening to determine appropriateness for CRC services or other resources. Admissions to the CRC will not extend beyond 23 hours, therefore it is not a bed-based program.

Contact CRC Admissions with referrals and questions: 804-553-3201

Why the CRC? Emergency rooms often have long waits and are not as suitable for children experiencing a traumatic situation. The CRC is a specialized alternative for rapid treatment, with the goal of diverting hospitalization and allowing youth to be served in their own community.



Health Care Alliance Pharmacy

Contact Us



 (804) 733-5591

Press 5 for the Pharmacy

 321C Poplar Drive, Petersburg, VA

 www.cvhsinc.org/petersburg

Located Inside CVHS Petersburg | Here, you matter. Here, you count.

Our Staff

- Knowledgeable pharmacists who are available to discuss your prescriptions with you
- In-house prior authorization specialist
- Friendly staff



Convenience & Time-saving

- Your time is precious
- In order to get our prescription patrons in and out quickly, and allowing our pharmacist to focus on your prescriptions, our pharmacist in Health Care Alliance does not give vaccines
- Pharmacy has direct contact to CVHS providers

Save Money

- **Medication Assistance Program (MAP)** - the manufacturer provides the medication at a minimal fee. Ask your provider if your medication qualifies as a MAP product. You may be contacted for documentation.
- **Don't have insurance?** Save money with our slide program- both insured and uninsured may qualify. You can apply by asking a CVHS health provider. If you qualify you could pay as little as \$3.00 for a 90- day supply of your medication.
- **Have insurance?** Our slide program can help reduce some of your higher co-pays. You will be charged whichever is cheaper: the slide co-pay or your co-pay.

Rx Management

- Fill **specialty medications** such as HIV and Hepatitis C
- **Drive-through** and pharmacy **pick-up window**
- **Mail delivery** for most medications (excluding narcotics, ADHD, and other C2 Medications)
- UPS delivery for specialty and refrigerated medications
- **90- or 100- day supplies** depending on insurance coverage
- **Automatic refills**





Health Care Alliance Pharmacy

Contáctenos



 (804) 733-5591

Presione 5 para la farmacia

 321C Poplar Drive, Petersburg, VA

 www.cvhsinc.org/petersburg

Ubicado dentro de CVHS Petersburg | Aquí, tú importas. Aquí, tú cuentas.

Nuestro personal

- Farmacéuticos expertos que están disponibles para hablar con usted sobre sus recetas.
- Autorización previa interna especialista
- Personal amable



Conveniencia y ahorro de tiempo

- Tu tiempo es precioso
- Para que nuestros pacientes con recetas entren y salgan rápidamente y permitir que nuestro farmacéutico se concentre en sus recetas, nuestro farmacéutico en Health Care Alliance no administra vacunas.
- La farmacia tiene contacto directo con los proveedores de CVHS.

Ahorrar dinero

- **Programa de asistencia para medicamentos (MAP):** el fabricante proporciona el medicamento a un costo mínimo. Pregúntele a su proveedor si su medicamento califica como un producto MAP. Es posible que se comuniquen con usted para solicitarle documentación.
- **¿No tiene seguro?** Ahorre dinero con nuestro programa de descuentos: tanto los asegurados como los no asegurados pueden calificar. Puede solicitarlo consultando a un proveedor de atención médica de CVHS. Si califica, podría pagar tan solo \$3.00 por un suministro de 90 días de su medicamento.
- **¿Tiene seguro?** Nuestro programa de copagos deslizantes puede ayudarle a reducir algunos de sus copagos más altos. Se le cobrará lo que sea más barato: el copago deslizante o su copago.

Manejo de recetas

- Llene **medicamentos especiales** como VIH y Hepatitis C
- **Ventanilla de recogida** en farmacia y **drive-thru**
- Entrega por **correo de la mayoría de los medicamentos** (excluidos los narcóticos, los medicamentos para el TDAH y otros medicamentos C2)
- Entrega por UPS de medicamentos especiales y refrigerados
- Suministros para **90 o 100 días** según la cobertura del seguro.
- **Recargas automáticas**



Bon Secours' Care-A-Van at the Petersburg Center for Healthy Living

3335 South Crater Road | Suite 100 | Petersburg, VA 23803



BON SECOURS CARE-A-VAN PETERSBURG

What is the Care-A-Van?

- A mobile health clinic servicing Richmond for over 30 years.
- We treat patients who are **UNINSURED**.
We do not accept Medicaid, Medicare, or Private Insurance

What Services are Available?

- FREE comprehensive primary care services for adults & children
- REDUCED-COST resource referrals.
- Same-day services appointments
- Scheduled appointments for follow-up and routine care for established patients
- Immunizations and back-to-school physicals
- Community health & outreach worker teams to address socioeconomic needs.
- Interpreter services available in over 150 languages

For all other questions, please call the Care-A-Van main phone line: (804) 722-8841 Ext 1.
Please leave a message and we will return your call Monday through Friday within 24-48 hours.
If at any point you are experiencing a medical emergency, please call 911.

Call: (804) 964-8431



What Should I Know Before I Visit?

- All clinics operate by **APPOINTMENT ONLY**.
- Please call 804-964-8431 between 7:00am and 8:30am every 1st and 3rd Friday and 2nd and 4th Monday to schedule an appointment.
- Please arrive 15 minutes before your scheduled appointment time.
- Bring ALL medications and vaccine records with you to appointment.
- Minors must bring a parent or legal guardian. Parent or guardian must submit photo ID and/or proof of guardianship.

What Are Other Costs?

- Any healthcare services performed outside of the Care-A-Van
- Medication from the pharmacy
- Care-A-Van staff will help with connecting you to financial assistance programs.

What Else Should I Know?

- Take an active part in making decisions about your health care. We'll support you and your family as you take steps to be your healthiest.
- As your medical home, we will help coordinate your care by storing your complete medical record history electronically.
- Let us know when you see other health care providers or have any tests so we can update your medical history. Providing your complete medical history enables us to provide better care.
- We have a dedicated team of medical providers on staff to provide evidence-based care and self-management.

ARE YOU A PARENT OF A CHILD WITH HEARING LOSS?



Looking to build skills that can open your child's world through language?

ROLE OF DEAF MENTOR

- ✓ Meet weekly for one hour with your family and your deaf and hard of hearing child
- ✓ Teach ASL and visual communication
- ✓ Share experiences about growing up in a hearing world
- ✓ Create a positive and supportive environment that encourages anyone in the family to communicate
- ✓ Model natural communication in everyday activities
- ✓ Offer opportunities to attend Deaf events and explore Deaf Culture
- ✓ Be a positive, professional role model for your child and family

WHAT WE DO TOGETHER

- ✓ Offer experience and guidance on your journey of raising a child identified with hearing loss
- ✓ Demonstrate storytelling, literacy and learning opportunities using ASL and English bilingual strategies
- ✓ Provide monthly joint visits to expand language use at home for your family & child
- ✓ Empower parents to self-advocate & to advocate for their child
- ✓ Create an environment for your family and child that promotes positive, self-esteem & age appropriate social skills
- ✓ Monitor language progress with each month using observations and evaluations



For more information:
info@vddhh.virginia.gov or
804-325-1290



**ALL DEAF MENTORS ARE TRAINED
AND
CERTIFIED IN SKI-HI METHODOLOGY**

<https://forms.office.com/g/fFoHxf8NYN>

¿ES USTED PADRE O MADRE DE UN NIÑO CON PÉRDIDA DE LA AUDICIÓN?



¿Desea desarrollar habilidades que puedan ampliar los horizontes de su hijo a través del lenguaje?

ROL DEL MENTOR PARA SORDOS

- ✓ Reunirse de forma semanal durante una hora con una familia y su hijo sordo o con problemas de audición.
- ✓ Enseñar la lengua de señas americana (American Sign Language, ASL) y acerca de la comunicación visual.
- ✓ Compartir experiencias sobre lo que significa crecer en un mundo de personas oyentes.
- ✓ Crear un entorno positivo y de apoyo que incentive a todos los miembros de la familia a comunicarse.
- ✓ Demostrar la comunicación natural en las actividades cotidianas.
- ✓ Ofrecer oportunidades de asistir a eventos para personas sordas y de explorar su cultura.
- ✓ Ser un modelo positivo y profesional para su hijo y su familia.

COSAS QUE HACEMOS JUNTOS

- ✓ Ofrecer experiencia y orientación en el proceso de crianza de un niño identificado con pérdida de la audición.
- ✓ Mostrar oportunidades de narración, alfabetización y aprendizaje mediante estrategias bilingües en ASL e inglés.
- ✓ Brindar visitas conjuntas para su familia e hijo de forma mensual con el fin de ampliar el uso del lenguaje en el hogar.
- ✓ Empoderar a los padres y madres para que aboguen por sí mismos y por sus hijos.
- ✓ Crear un entorno para su familia y su hijo donde se promuevan la autoestima positiva y las habilidades sociales adecuadas para la edad del niño.
- ✓ Supervisar el progreso del lenguaje cada mes mediante observaciones y evaluaciones.



TODOS LOS MENTORES PARA SORDOS ESTÁN CAPACITADOS Y CERTIFICADOS EN LA METODOLOGÍA SKI-HI.

Si desea obtener más información:
escriba a info@vddhh.virginia.gov
o llame al 804-325-1290





Family Services Inc.
COMPASSIONATE CARE

VIRTUAL PARENT COACHING GROUP

12-Week JAI Curriculum

A supportive, parent-focused coaching program designed to strength emotional regulation connection, and confident parenting.

WHAT THIS PROGRAM IS ABOUT

- Understanding your emotional triggers
- Improving emotional regulation as a parent
- Building predictable routines and healthy boundaries
- Supporting children with big feelings, trauma, or dysregulation
- Weekly implementation strategies and reflection work
- Responding instead of reacting during challenging behavior
- Strengthening communication

WHY THE JAI CURRICULUM WORK

The JAI Curriculum focused on the parent - not just the behavior. When you become regulated, grounded, and emotionally aware, your child naturally shifts in response.

Program Details

Format: Virtual
Length: 12 weeks

Who It's For:
Parents, caregivers, guardians

Includes: Tools, guided coaching, weekly check-ins, reflection assignments





OUTPATIENT THERAPY

FOR CHILDREN

NOW ACCEPTING CLIENTS

IS YOUR CHILD STRUGGLING WITH EMOTIONS, BEHAVIORS, OR LIFE CHANGES? WE'RE HERE TO HELP! OUR COMPASSIONATE THERAPISTS PROVIDE EXPERT CARE IN A SAFE AND SUPPORTIVE ENVIRONMENT.

Family Services, Inc. accepts Medicaid (Aetna, Sentara, & UHC), Commonwealth Coordinated Care Insurance, and self pay.

INFO@FAMILYSERVICESINCVA.COM

804-898-3524

612 S. SCYAMORE STREET
PETERSBURG, VA 23803

PARENTS OF LGBTQ+ YOUTH SUPPORT GROUP

*An ongoing weekly group
for Virginia parents and
caregivers of LGBTQ+
children and youth*

- ✓ FREE and confidential
- ✓ Learn how to support your child
- ✓ Connect with other parents of LGBTQ+ youth

MONDAYS
3:00 - 4:00 PM
VIRTUAL

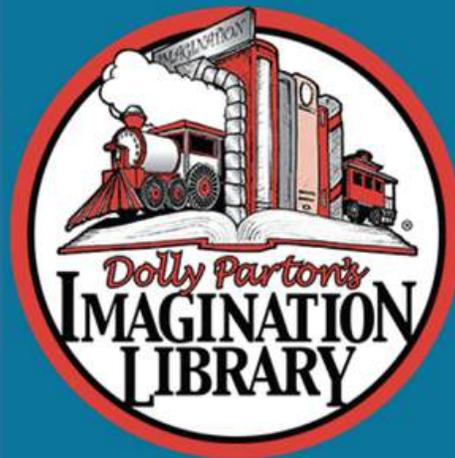
CONTACT US

✉ vaparentsofLGBTQyouth@gmail.com

Updated 1.20.24

Program is now also available at the Petersburg Public Library!
Bringing Free Books to Central Virginia: The Dolly Parton
Imagination Library

Enroll your child for free monthly books!



Inspire your child's love of reading with Dolly Parton's Imagination Library



FREE BOOKS FOR KIDS!

If you have a child between 0-5 years old living in Central Virginia, register them today for free monthly books.

How It Works:

- Scan the QR code below or visit ImaginationLibraryRVA.org to enroll your child.
- In 6-8 weeks, your child will receive their first book in the mail, *The Little Engine That Could*.
- Books arrive in the mail monthly until your child's 5th birthday.

Easy to Enroll!



Scan this code to check your eligibility and enroll your child in Dolly Parton's Imagination Library. It's easy!



¡Inscriba a sus niños para recibir libros gratis mensualmente!



Inspire el amor a la lectura de sus niños con la Biblioteca de Imaginación de Dolly Parton.



¡LIBROS GRATIS PARA NIÑOS!

Si tiene niños de 0-5 años de edad que vivan en Virginia Central, regístrelos hoy para recibir libros gratis mensualmente.

Como Funciona:

- Inscriba a sus niños en línea en ImaginationLibraryRVA.org.
- De 6 a 8 semanas, sus niños recibirán su primer libro en el correo, *La Pequeña Locomotora Que Sí Pudo*.
- Los libros llegan por correo cada mes hasta que sus niños cumplan 5 años.

¡Facil de Inscribir!



Escanee para verificar la disponibilidad en su área.



Read to Them, 2201 W. Broad St., Suite 206, Richmond, VA 23220

804-258-9481

www.ImaginationLibraryRVA.org



Are you 18-24 and experiencing homelessness or housing instability?

**Connect with community resources
& housing-focused assistance.**



804.577.0253 | 804.467.7289



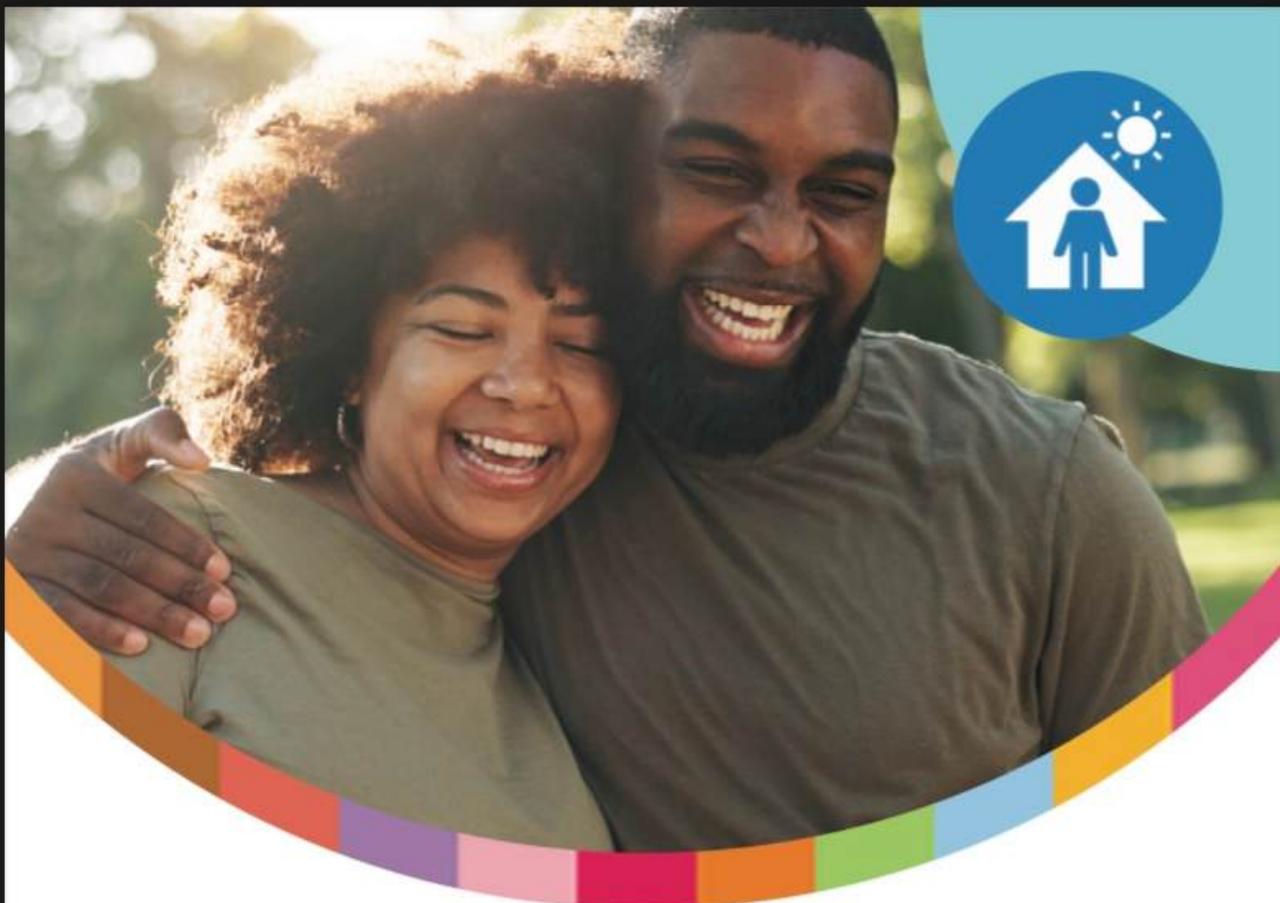
Commonwealth Catholic Charities



Scan to message us!

<https://www.cognitofrms.com/CommonwealthCatholicCharities2/YouthHousingSupportInquiry>

www.cccofva.org



Street Outreach

Colonial Heights • Dinwiddie • Emporia • Greenville
• Hopewell • Petersburg • Prince George • Surry • Sussex

Are you experiencing
homelessness in the Crater Region?

Connect with community resources
& housing-focused assistance.

804.467.7181

www.cccofva.org/homeless-services





Project PLAY

Playing to Learn About You:
Promoting Ethnic Racial Identity in Young Children

The EMPOWER Youth Lab at VCU is conducting a research study where we hope to talk to caregivers and children about their thoughts about their ethnicity, race, and culture. Our goal is to gain great information that we can turn into valuable programs for families!

WHO CAN PARTICIPATE? If you are a parent or caregiver, and have a child who will be between the age of 3 to 7 years old!

WHAT IS REQUIRED? Parents and children will come to a location of your choice (VCU campus, home, community location) to be interviewed and do a play session to learn how caregivers and young children talk about ethnicity, race, and culture during play!

WHO DOES YOUR INTERVIEW?

Us! - The EMPOWER Youth Lab Team

OTHER INFO?

- Date/time to participate are flexible.
- We provide a parking pass if you come to VCU
- We provide childcare for any additional children



EMPOWER Youth Lab Team

**COMPENSATION
AVAILABLE!**

- \$70 for parents
- \$Toy/book for child

**INTERESTED OR WANT MORE
INFORMATION, CONTACT:**

Dr. Chelsea Williams & the EMPOWER Youth Lab
(804) 828- 0313, empoweryouthlab@gmail.com,
or scan this QR code and enter your information.

We speak Spanish. Se habla español.





STAR (Supporting, Thriving, Ambitious, & Resilient) Kids and Families Project

The EMPOWER Youth Lab at Virginia Commonwealth University (VCU) is recruiting Black and Latino families to participate in a project to learn more about how family, cultural, and peer factors impact children's positive development!

WHO CAN PARTICIPATE? If you identify as a Black/African American or Hispanic/Latino caregiver, are 18 years or older, and have a child who is between the age of 5 to 11 years old!

WHAT IS REQUIRED? Parents & children will come to the VCU campus or we will come to your home/nearby community location for the interview.

WHO INTERVIEWS PARENTS/CHILDREN?
One of us from The EMPOWER Youth Lab Team

OTHER INFO

- Date/time to participate are flexible
- We provide childcare for any additional children
- We provide transportation or parking pass if you come to VCU



EMPOWER Youth Lab Team

**COMPENSATION
AVAILABLE!**

\$60 for parents
\$Toy/book for child

**INTERESTED OR WANT MORE INFO,
CONTACT:**

Dr. Chelsea Williams & the EMPOWER Youth Lab
(804) 828- 0313, empoweryouthlab@gmail.com,
or scan this QR code and enter your information.

We speak Spanish. Se habla español.





Proyecto STAR (Apoyando a Niños y Familias Prosperantes, Ambiciosos y Resilientes) para Niños y Familias

El Laboratorio de Jóvenes EMPOWER de la Universidad de Virginia Commonwealth (VCU) está buscando familias Negras y Latinas para participar en un estudio sobre cómo la familia, la cultura, y los factores de los compañeros influyen el desarrollo positivo de los niños.

¿QUIÉN PUEDE PARTICIPAR? ¡Si se identifican como Negro/Afroamericano o Hispano/Latino, es un padre o cuidador que tienen 18 años o más, y tiene un niño entre 5 y 11 años de edad!

¿QUÉ SE NECESITA? Los padres y los niños irán al lugar que elijan (Universidad Virginia Commonwealth, su casa, ubicación comunitaria) para ser entrevistados.

¿QUIÉN HACE SU ENTREVISTA?

¡Nosotros! - El equipo del Laboratorio de Jóvenes EMPOWER.

¿MAS INFORMACIÓN?

- La fecha/hora para participar son flexibles.
- Ofrecemos un pase de estacionamiento si vienen a VCU.
- Proporcionamos cuidado de niños para cualquier niño adicional.



Equipo del Laboratorio de Jóvenes EMPOWER

**¡COMPENSACIÓN
DISPONIBLE!
\$60 para padres
\$Juguete/libro para
niño**

**INTERESADO O QUIERE MÁS INFORMACIÓN,
CONTACTE:**

Dra. Chelsea Williams y El laboratorio de jóvenes EMPOWER (804) 828- 0313, empoweryouthlab@gmail.com, o escanee este código QR Y ingrese su información.

We speak Spanish. Se habla español.





Duelo Latino provides
FREE GRIEF SUPPORT in SPANISH.

MISSION

HEALING IN COMMUNITY.

We co-create inclusive, accessible, bilingual spaces to **share & heal our grief.**

VISION

We embrace our interculturality & strength in community.

WE LEARN ABOUT GRIEF TOGETHER.

We journey toward **healing, hope & joy.**

Duelo Latino provee APOYO de DUELO en ESPAÑOL gratuito.

MISIÓN

SANANDO EN COMUNIDAD.

Juntos creamos espacios inclusivos, accesibles, bilingües para **compartir y sanar nuestro duelo.**

VISIÓN

Acogemos nuestra interculturalidad y fortaleza en comunidad.

APRENDEMOS JUNTOS SOBRE EL DUELO.

Nos acompañamos hacia la **sanación, esperanza y felicidad.**

WHY

NO Spanish-language grief support exists in the state of Virginia. Duelo Latino meets a long-standing need in our growing Latinx population & effectively reduces disparities in healthcare. We accept professional & self-referrals, whom we screen to better serve & connect them with other community resources. We collaborate with a range of clinical, social service, educational, religious & civic agencies, organizations & nonprofits, like: Sacred Heart Center, Virginia Victims Assistance Network, INOVA Health System, Latinos in VA Center for Empowerment, Office of Immigrant & Refugee Engagement, Virginia Public Schools, VA Department of Health, VA Department of Behavioral Health & Developmental Services, Department of Social Services, VCU Health, Bon Secours Mercy Health, Cross Over Healthcare Ministry, Daily Planet, Richmond Police Department, etc.

HOW

Because we are hurt in relationship, we can only heal in relationship. Duelo Latino fosters safe, sacred spaces for Latinx grievers to share their stories, relieve their pain, create community & receive competent, FREE grief support & education. For accessibility, participants can choose either virtual or in-person groups, for which limited childcare & transportation assistance are available, thanks to our partnership with Sacred Heart Center.

WHO

Rev. Igmar Sánchez Prunier, Duelo Latino's Founder & Co-Director, is a Board Certified Chaplain & Grief Counselor with 18+ years of experience in critical care, community & hospice settings in central Virginia. Yozaira León-Santiago, Duelo Latino's Co-Director, is a Licensed Professional Counselor with 17+ years of behavioral health experience in community, educational, immigration & law enforcement settings. Igmar & Yozaira recognized how the lack of Spanish-language counseling support has only grown more widespread because of Latinx population growth, culturally-specific barriers & lack of Spanish-speaking clinicians. As immigrants themselves, Igmar & Yozaira understand that the grief & loss experienced by Latinx communities is often multifactorial, generational & traumatic. These factors make grief more intractable for an already underserved population. Igmar felt moved to create an accessible & sustainable program that could begin to address this disparity in a culturally-relevant manner. To that end, Duelo Latino was incorporated in 2025 with 501c3 nonprofit status pending.

INFORMATION, REGISTRATION, REFERRALS:

DU ELOLATINO@gmail.com

Igmar Sánchez Prunier or Yozaira León-Santiago

804.424.1996



APOYO
de **DUELO**
en **ESPAÑOL**
GRATIS

Grupos para **ADULTOS**
con **PÉRDIDAS GENERALES**
y **ESPECÍFICAS**

Reuniones **VIRTUALES**
y **EN PERSONA**

6PM

ÚLTIMO MIÉRCOLES del MES

Centro Sagrado Corazón

1400 Perry Street, Richmond, VA 23224

INFORMACIÓN
REGISTRACIÓN
REFERIDOS:

Rev. **Igmara Sánchez Prunier**, BCC
Fundadora, Co-Directora y Consejera



DueloLatino@gmail.com



804.424.1996



LATINOS EN VIRGINIA
CENTRO DE EMPODERAMIENTO



VIRGINIA
VICTIM
ASSISTANCE
NETWORK

Inova MIND OVER MATTER



FREE
GRIEF
SUPPORT
in **SPANISH**

ADULT Groups
for **GENERAL**
& **SPECIFIC LOSSES**

Meeting **VIRTUALLY**
& **IN PERSON**

6PM

LAST WEDNESDAY of the MONTH

Sacred Heart Center

1400 Perry Street, Richmond, VA 23224

INFORMATION
REGISTRATION
REFERRALS:

Rev. **Igmara Sánchez Prunier**, BCC
Founder, Co-Director & Counselor



DueloLatino@gmail.com



804.424.1996



LATINOS EN VIRGINIA
CENTRO DE EMPODERAMIENTO



VIRGINIA
VICTIM
ASSISTANCE
NETWORK

Inova MIND OVER MATTER

Standby Guardian and Power of Attorney Legal Clinics

The Law Library and the City of Richmond Office of Immigration and Refugee Engagement have teamed up to offer free legal support to immigrant families who may be in danger of detention or deportation.

Volunteer attorneys help families draft Standby Guardianships for minor children and Power of Attorney documents to secure property.

Clinics are held on the 4th Thursdays of each month from 9am to 12pm. Call 804-646-0145 for information and to make an appointment.

CLÍNICAS LEGALES: PODERES NOTARIALES Y TUTELAS TEMPORALES

¡El 4to jueves de cada mes!

Hora: 9 a.m. a 12 p.m.

Lugar: 4100 Hull Street Rd.

Richmond, VA 23224



**Llame para hacer su
cita:**

804-646-0145



DIRE
OFFICE OF IMMIGRATION
AND REFUGEE ENGAGEMENT





LATINOS EN VIRGINIA
CENTRO DE EMPODERAMIENTO

CONOCES EL PROGRAMA DE CUIDADO INFANTIL DE VIRGINIA?

Es una ayuda para aquellos que necesitan cuidado infantil asequible y de calidad!

Este programa ofrece asistencia financiera a familias de bajos ingresos y en dificultades económicas para cubrir los costos de cuidado infantil.

Cómo funciona?

Una vez aprobadas, las familias reciben subsidios para acceder a proveedores de cuidado infantil con licencia que cumplen con los estándares estatales de seguridad y calidad. Es una gran ayuda para que los padres puedan trabajar o estudiar mientras sus hijos reciben el cuidado que necesitan!

Si necesitas ayuda con el cuidado de tus hijos y cumples con los requisitos, llámenos para obtener más información sobre el programa!

Latinos en Virginia Centro de Empoderamiento
9513 Hull Street Rd, Suite B,
North Chesterfield, Virginia 23236



HAGA SU CITA LLAMANDO AL
(804) 658-3341



LATINOS EN VIRGINIA
CENTRO DE EMPODERAMIENTO

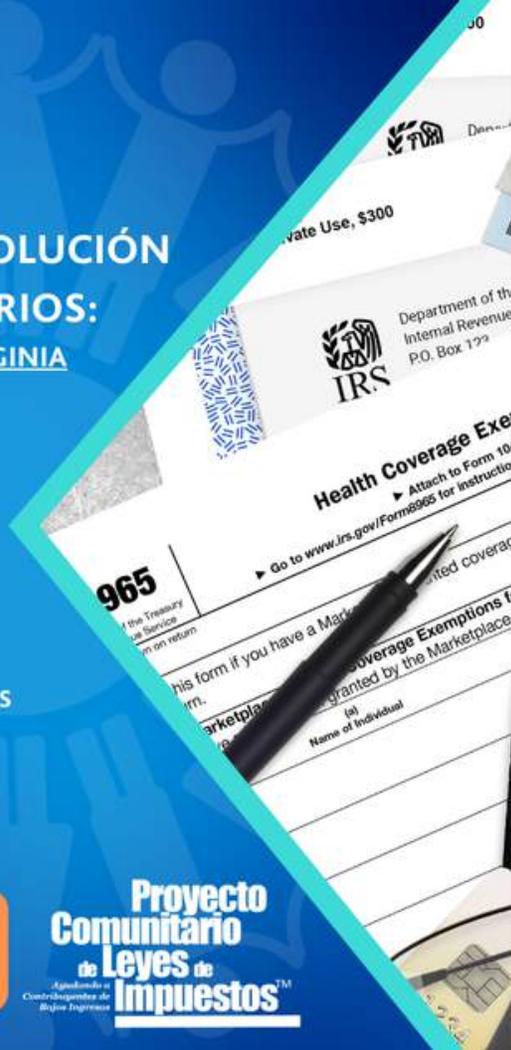
ASISTENCIA PARA LA RESOLUCIÓN DE CONFLICTOS TRIBUTARIOS: IRS & DEPTO. DE IMPUESTOS DE VIRGINIA

- RECLAMOS DE BENEFICIOS TRIBUTARIOS
- RECLAMO DE DEPENDIENTES EN DECLARACIONES
- CORRECCIÓN DE INGRESOS ERRÓNEOS
- DEUDAS TRIBUTARIAS
- AYUDA A CÓNYUGES VICTIMIZADOS PARA DEFENDERSE DE CARGOS INDEBIDOS
- CONSERVACIÓN DE BENEFICIOS PARA JUBILADOS Y DISCAPACITADOS

LLAME PARA AGENDAR UNA CITA:
(804) 658-3341

Proyecto
Comunitario
de Leyes de
Impuestos™

Asistencia
Contribuyentes de
Bajas Ingresos





FINANCIAL OPPORTUNITY CENTER®



Financial

Financial Guidance
Credit/Budget Workshops
Credit Report Analysis
Family Budget Review



Employment

Career Planning
Vocational Training
Labor Market Analysis
Resume Review
Career Guidance



Benefits

Benefits Referrals
Benefits Assessment
Employment Benefits,
Food, Health, Education,
and more...



Housing

Down Payment
Assistance
Foreclosure Prevention
Pre & Post Counseling
Rental Counseling



Digital

Computer Based Training
One on One Counseling
Identify Secure
Software & Tools
Online Learning

The FOC Program is here to assist individuals and families with increasing their earnings, reducing their expenses, and making appropriate financial decisions that lead to asset building through an integrated service model approach.

Richmond Office
1624 Hull Street
Richmond, VA 23224

Petersburg Office
714 High Street, Suite A
Petersburg, VA 23803

Emporia Office
111 Baker Street
Emporia VA 23847

(804) 231- 4449 | WWW.SCDHC.COM



CENTRO DE OPORTUNIDADES FINANCIERAS®



Financiamiento

Información Financiera
Talleres de información
Informe de crédito
Presupuesto familiar



Empleo

Información de Empleo
Guía del Mercado
Laboral
Revisión del Resume
Guía de Trabajos



Beneficios

Información de
Beneficios Empleo,
Comida, ropa, transporte,
educación, salud, y más...



Vivienda

Subsidio de Asistencia
para el Pago Inicial
prevención de Juicio
Hipotecario
Pre-Compra



Digital

Entrenamiento Básico
de computación
Consejería Digital
Talleres de información

El Centro de Oportunidades Financieras está aquí para ayudarle a usted y su familia a incrementar sus finanzas, reducir sus gastos y tomar decisiones apropiadas en sus finanzas, esto lo llevara a tomar ventaja a través de servicio de modelo integrado.

Richmond Office
1624 Hull Street
Richmond, VA 23224

Petersburg Office
714 High Street, Suite A
Petersburg, VA 23803

Emporia Office
111 Baker Street
Emporia VA 23847

(804) 231- 4449 | WWW.SCDHC.COM



Join us for free fitness classes! Improve your blood pressure, range of motion and overall fitness. For all levels. Coming to you from Sports' Backers Fitness Warriors and the Healthy Living and Learning Center!



Petersburg Public Library
201 W Washington St
Petersburg, VA 23803
(804) 733-2387

Fitness Classes Every Week at the Library



YOGA WITH BELINDA TODD
Every Tuesday

4PM



TONING WITH TOYA
Every Wednesday

6PM



CHAIR FITNESS WITH TIFFANY
Every Thursday

12PM



YOGA WITH BELINDA TODD
Every Thursday

4PM



FREE

FINANCIAL COACHING



LIFE HAPPENS AND EVERYONE HAS A STORY.

Our financial coaches provide personalized financial guidance to help you achieve your financial goals.



CREDIT BUILDING

Gain strategies to enhance your credit score.



BUDGETING BASICS

Discover solutions and practical budgeting techniques.



HOMEOWNERSHIP

Knowledge needed to navigate the homebuying journey.



ENTREPRENEURSHIP

Master business finances and launch your venture.



AND SO MUCH MORE!

Educational resources and tools designed to enhance your financial knowledge and well-being.

SCHEDULE COACHING:



REGISTER FOR UPCOMING SEMINARS:



PEOPLESADVFCU.ORG
804.748.3081



Tax Problems? We can help



Who we are:

The Community Tax Law Project (CTLP) is a private, non-profit taxpayer clinic that provides low and moderate-income taxpayers assistance with federal and state tax matters.



What we do:

Low Income Taxpayer Clinics represent taxpayers before the Internal Revenue Service (IRS) and the Virginia Department of Taxation in audit, appeals, and collection issues, as well as in federal tax litigation for free.



Are you eligible?:

The Community Tax Law Project (CTLP) is a private, non-profit taxpayer clinic that provides low and moderate-income taxpayers assistance with federal and state tax matters.

- Confused about IRS or Virginia Department of Taxation notices?
- Tax dispute but can't afford representation?
- Need help in another language?
- Can't afford to pay a tax bill?



We can assist you with tax matters, including examinations, audits, appeals, and collection issues.

Your problems will not go away by ignoring the IRS and the Virginia Department of Taxation. Seek help to work out your tax problems now. You may have more choices than you think. **Contact CTLP today!**

☎ 804-358-5855

@ info@ctlp.org

🌐 ctlp.org

¿Problemas de Impuestos? Nosotros podemos ayudarle



Quiénes somos:

El Proyecto Comunitario de Leyes de Impuestos (“CTLP”, por sus siglas en inglés) es una clínica privada, sin fines de lucro, para contribuyentes que brinda ayuda a personas de ingresos bajos y moderados con asuntos de impuestos federales y estatales.



Qué hacemos:

Las Clínicas para Contribuyentes de Bajos Ingresos representan a los contribuyentes ante el Servicio de Impuestos Internos (“IRS”, por sus siglas en inglés) y el Departamento de Impuestos de Virginia en auditorías, apelaciones y asuntos de cobro, al igual que en litigios sobre impuestos federales de forma gratuita.



Es usted elegible:

CTLP ayuda a personas que viven en el estado de Virginia cuyos ingresos son muy bajos para que ellos contraten ayuda profesional privada. Las personas con un ingreso por debajo del 250% del nivel de pobreza federal reciben ayuda gratis.

- ¿Confundido con alguna carta del IRS o del Departamento de Impuestos de Virginia?
- ¿Necesita ayuda en otro idioma?
- ¿Tiene una disputa tributaria, pero no puede pagar la representación?
- ¿No puede pagar una factura tributaria?



Podemos ayudarle con asuntos tributarios, incluyendo exámenes, auditorías, apelaciones y acciones de colección.

Sus problemas no desaparecerán ignorando al IRS y al Departamento de Impuestos de Virginia. Busque ayuda para solucionar sus problemas de impuestos ahora. Puede que usted tenga más opciones de las que piensa. **¡Comuníquese con el Proyecto Comunitario de Leyes de Impuestos hoy!**

☎ 804-358-5855

@ info@ctlp.org

🌐 ctlp.org



VIRTUAL INFORMATION SESSIONS

We can't wait to
meet you-virtually!

If you're curious about everything Brightpoint has to offer, we're here to answer your questions.

Drop in to one of our Zoom information sessions or contact us to set up an individual appointment with one of our outreach coordinators.

Information sessions will cover:

- Brightpoint programs, pathways, and opportunities
- Application process
- Q&A



TO RESERVE YOUR SPACE, VISIT

www.brightpoint.edu/admissions/information-sessions/



B R I G H T P O I N T C O M M U N I T Y C O L L E G E

Understanding long COVID

Anyone who has had COVID-19 can be affected. **Long COVID describes long-term effects of the infection, including symptoms that can last for weeks or months after being infected with the COVID-19 virus.**

STRAIGHT TALK ABOUT COVID-19

What you need to know

- People who have been infected with COVID-19, **even without symptoms**, could get long COVID.
- If you think you have long COVID, **talk to your healthcare provider.**
- Scientists are learning more about who is likely to get long COVID, how long symptoms last, and **how to treat patients.**

Long COVID symptoms

People with long COVID have a variety of symptoms, which can include:

- Tiredness or fatigue
- Difficulty thinking or concentrating (“brain fog”)
- Headache
- Loss of smell or taste
- Fast-beating or pounding heart
- Chest pain
- Difficulty breathing or shortness of breath
- Mental health effects

GETTING VACCINATED for COVID-19 can **prevent hospitalization and severe illness**, including long COVID, especially if you have not already been infected. If you have already had COVID-19 talk to your healthcare provider about when it is safe to be vaccinated.

Get your FREE vaccine!

Entendiendo el COVID prolongado

Toda persona con COVID-19 puede verse afectada. El COVID prolongado se describe como los efectos de la infección del virus COVID-19 extendidos a largo plazo, incluidos síntomas que pueden durar de semanas hasta meses.

HABLEMOS CLARO SOBRE EL COVID-19

Qué es importante saber

- Las personas infectadas con COVID-19, **incluso aquellas que no presentan síntomas**, pueden tener un COVID prolongado.
- Si sospechas que tienes COVID prolongado, **habla con tu proveedor de atención médica**.
- Los científicos continúan investigando sobre quién tiene probabilidades de tener un COVID prolongado, cuánto duran los síntomas y **cómo tratar a los pacientes**.

Síntomas del COVID prolongados

Las personas con COVID prolongado presentan una variedad de síntomas, que pueden incluir:

- Cansancio o fatiga
- Dificultad para pensar o concentrarse («neblina mental»)
- Dolor de cabeza
- Pérdida del olfato o del gusto
- Corazón que late rápido o muy fuerte
- Dolor de pecho
- Dificultad para respirar o falta de aire
- Efectos sobre la salud mental

VACUNARSE contra el COVID-19 puede **prevenir la hospitalización y el desarrollo de enfermedades graves**, incluido el COVID prolongado, especialmente si la persona aún no ha sido infectada. Si ya tuviste COVID-19, habla con tu proveedor de atención médica sobre cuándo es seguro para ti recibir la vacuna.

¡Recibe GRATIS tu vacuna!



IOTA PHI LAMBDA SORORITY, INC
Zeta Rho Chapter
Petersburg, Virginia



Save the Date

**COMMUNITY
HEALTH FAIR**

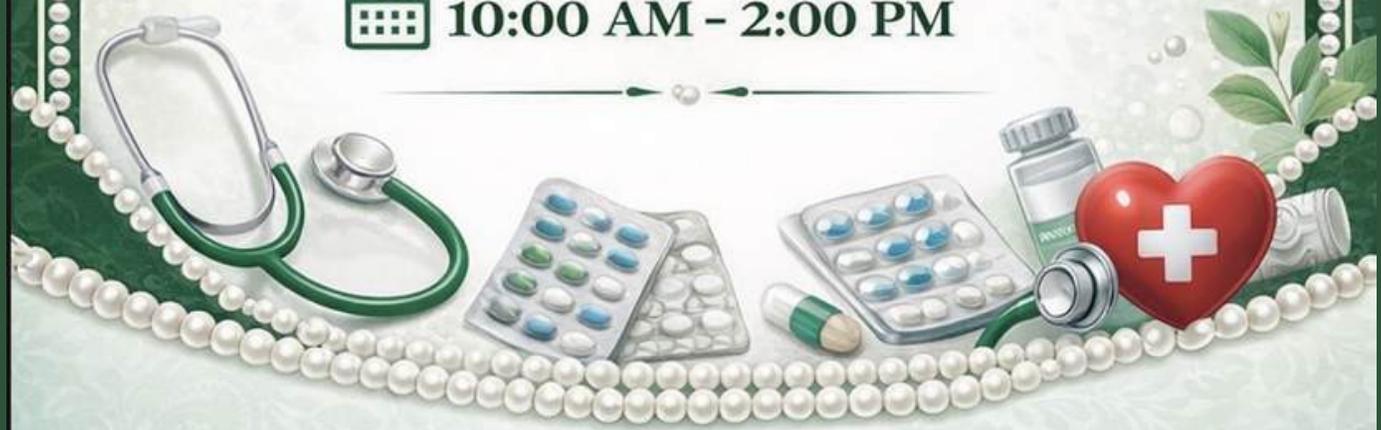
February 21, 2026

Location

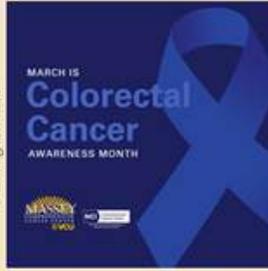
CHURCH OF CHRIST
234 N. South Street
Petersburg, VA 238033



10:00 AM - 2:00 PM



JOIN OUR DISCUSSION!



Planning for March

bit.ly/MasseyCommunityCancerForum_Registration

Scan to register for series



Massey Community Cancer Forum

4th Tuesday of each month

Where cancer, community & conversation connect.

February 24, 2026 | 1:00-2:00pm



COLORECTAL CANCER AWARENESS

Speaker: Dr. Kim Rhoads | VCU Massey Comprehensive Cancer Center

- Professor of Surgery
- Division of Colon and Rectal Surgery
- Associate Director, Community Engagement
- Passion for building coalitions with the capacity to achieve health equity

This month

Colorectal cancer in Virginia

The science behind colorectal cancer

How screening saves lives

What about our young people?

Partner report: what are we doing to promote colorectal cancer awareness?

www.vcumassey.org/coe



Welcome! You are invited to join a meeting: Massey Community Cancer Forum. After registering, you w...

We bring experts and community members together each month to share knowledge, answer questions, and connec...

 Zoom

Ready Set Action!

VDH VIRGINIA
DEPARTMENT
OF HEALTH



Wellness Pop Up!

Coming soon to **YOU** in 2026!

January 20
10AM - 1PM

Pin Oaks
3 Pin Oak Dr,
Petersburg, VA 23803

February 3
10AM - 1PM

Gillhaven Manor
500 Farmer St,
Petersburg, VA 23803

February 10
3 - 5 PM

Pecan Acres
633 Pecan St,
Petersburg, VA 23803

February 24
2 - 4 PM

Petersburg East (Croatan)
110 Croatan Dr,
Petersburg, VA 23803

March 10
10AM - 1PM

Sycamore Towers
128 S Sycamore St
Petersburg, VA 23803

March 25
11AM - 2PM

Richard Bland College
11301 Johnson Road
Petersburg, VA 23805



FOOD
BOXES

AT-HOME TESTS
(COVID/FLU + SYPHILIS)

AND MORE
RESOURCES!



Justin J. Davis Heart Foundation

Healthy & Hygiene

Event

DATE & TIME

Saturday, February 28, 2026
10:00am-2:00pm

LOCATION

**Virginia Community
Resource Center**
22 W Washington St.
Petersburg VA

FREE! FREE! FREE! FREE!

Produce, Canned & Dry Goods

Hands Only CPR Demonstration

Blood Pressure & Glucose Testing

Clothing, Shoes, Household Products & More

FEED MORE



On Site Registration

Need Assistance? →



<https://jjdheart.org>



**BSR SAME DAY APPOINTMENT CLINIC SCHEDULE
FEBRUARY 2026**

804-545-1920 (OFFICE) WWW.BONSECOURS.COM

CALL (804)545-1923 FROM 7:00 AM – 8:30 AM ONLY FOR SAME DAY APPOINTMENT AS AVAILABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 SAME DAY APPOINTMENTS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>SAME DAY VIRTUAL CLINIC</p>	<p>3 SAME DAY APPOINTMENTS ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p> <p>SAME DAY VIRTUAL CLINIC</p>	<p>4 LIMITED SAME DAY APPOINTMENTS PEDIATRICS ONLY BRING IMMUNIZATION RECORD MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>5 SAME DAY APPOINTMENTS ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p>	<p>6 SAME DAY APPOINTMENT MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>
<p>9 SAME DAY APPOINTMENTS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>SAME DAY VIRTUAL CLINIC</p>	<p>10 BACK TO SCHOOL PHYSICALS ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p>	<p>11 LIMITED SAME DAY APPOINTMENTS PEDIATRICS ONLY BRING IMMUNIZATION RECORD MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>12 SAME DAY APPOINTMENTS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p>	<p>13 SAME DAY APPOINTMENT MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>
<p>16 SAME DAY APPOINTMENTS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>17 SAME DAY APPOINTMENTS ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p> <p>SAME DAY VIRTUAL CLINIC</p>	<p>18 LIMITED SAME DAY APPOINTMENTS PEDIATRICS ONLY BRING IMMUNIZATION RECORD MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>19 SAME DAY APPOINTMENTS ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p>	<p>20 SAME DAY APPOINTMENT MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>
<p>23 SAME DAY APPOINTMENTS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>SAME DAY VIRTUAL CLINIC</p>	<p>24 SAME DAY APPOINTMENTS ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p> <p>SAME DAY VIRTUAL CLINIC</p>	<p>25 LIMITED SAME DAY APPOINTMENTS PEDIATRICS ONLY BRING IMMUNIZATION RECORD MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>26 SAME DAY APPOINTMENTS ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRICIAN - BRING IMMUNIZATION RECORD</p>	<p>27 SAME DAY APPOINTMENT MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>

MORE DETAILS ON THE BACK OF THE CALENDAR. CALENDAR IS SUBJECT TO CHANGE PLEASE READ CALENDAR CAREFULLY & FULLY



**BSR CARE-A-VAN CALENDARIO DE LAS CLINICAS
FEBRERO 2026**

804-545-1920 (OFICINA) WWW.BONSECOURS.COM

LLAMAR AL (804)545-1923 ENTRE LAS 7:00 AM – 8:30 AM SOLO PARA HACER CITAS QUE ESTEN DISPONIBLES EL MISMO DIA

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
<p>2 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>CITAS PARA EL MISMO DIA, CLINICA VIRTUAL</p>	<p>3 CITAS PARA EL MISMO DIA ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p> <p>CITAS PARA EL MISMO DIA, CLINICA VIRTUAL</p>	<p>4 CITAS LIMITADAS PARA EL MISMO DIA, CITAS PEDIATRICAS SOLAMENTE TRAER REGISTRO DE VACUNAS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>5 CITAS PARA EL MISMO DIA ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p>	<p>6 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>
<p>9 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>CITAS PARA EL MISMO DIA, CLINICA VIRTUAL</p>	<p>10 DIA DE FISICO ESCOLARES ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p>	<p>11 CITAS LIMITADAS PARA EL MISMO DIA, CITAS PEDIATRICAS SOLAMENTE TRAER REGISTRO DE VACUNAS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>12 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p>	<p>13 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>
<p>16 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>17 CITAS PARA EL MISMO DIA ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p> <p>CITAS PARA EL MISMO DIA, CLINICA VIRTUAL</p>	<p>18 CITAS LIMITADAS PARA EL MISMO DIA, CITAS PEDIATRICAS SOLAMENTE TRAER REGISTRO DE VACUNAS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>19 CITAS PARA EL MISMO DIA ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p>	<p>20 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>
<p>23 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p> <p>CITAS PARA EL MISMO DIA, CLINICA VIRTUAL</p>	<p>24 CITAS PARA EL MISMO DIA ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p> <p>CITAS PARA EL MISMO DIA, CLINICA VIRTUAL</p>	<p>25 CITAS LIMITADAS PARA EL MISMO DIA, CITAS PEDIATRICAS SOLAMENTE TRAER REGISTRO DE VACUNAS MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>	<p>26 CITAS PARA EL MISMO DIA ST. AUGUSTINE CATHOLIC CHURCH 4400 BELUAH ROAD RICHMOND, VA 23237</p> <p>PEDIATRA – TRAER REGISTRO DE VACUNAS</p>	<p>27 CITAS PARA EL MISMO DIA MANCHESTER CLINIC 2301 EVERETT ST RICHMOND, VA 23224</p>

MAS DETALLES AL DORSO DEL CALENDARIO. -EL CALENDARIO ESTA SUJETO A CAMBIOS. POR FAVOR LEERLO CUIDADOSAMENTE Y EN SU TOTALIDAD.



Instituto de Padres

Capacitación de Liderazgo 2026

Presentado
en ESPAÑOL



¿Es usted un padre de un niño con discapacidades que es nuevo a los servicios de educación especial en Virginia?

Inscríbase hoy para nuestra capacitación en persona, de dos días, para el Instituto de Padres.

Este programa es un primer paso esencial para navegar con confianza por el complicado sistema de educación especial. Obtendrá información valiosa sobre el proceso de educación especial, descubrirá una gran cantidad de recursos y se conectará con otros padres en el mismo viaje. Los participantes deberán traer consigo una copia del IEP de su hijo. No pierda esta oportunidad de empoderarse y abogar por la educación de su hijo. Regístrese ahora y dé el primer paso hacia un futuro educativo más brillante para su hijo.

DÍA 1 - 6 de marzo | 8:00 am - 3:00 pm

DÍA 2 - 7 de marzo | 8:00 am - 12:00 pm

Drury Plaza Hotel Richmond
11049 W Broad St, Glen Allen, VA 23060

*¡Aquellos participantes
aceptados que asistan a este
evento en su totalidad*

*recibirán un
**ECHO
SHOW 8!***



El número de puestos disponibles es limitado, por lo que le pedimos se inscriba lo antes posible. **INSCRÍBASE AQUÍ**



ESTE EVENTO DE DOS DÍAS ES GRATUITO Y EN PERSONA.

Los participantes aceptados recibirán una habitación de hotel y comidas gratuitas.

Este es un evento solo para adultos y no se proporciona cuidado de niños.



Parent Institute

Leadership Training 2026

*Presented
in SPANISH*



Are you a Spanish-speaking parent of a child with disabilities who is new to special education services in Virginia?

Apply today for our in-person, two-day Parent Institute training!

This program is an essential first step in navigating the complicated special education system with confidence. You'll gain valuable insights into the special education process, discover a wealth of resources, and connect with other parents on the same journey. Participants will need to bring a copy of their child's IEP with them. Don't miss this opportunity to empower yourself and advocate for your child's education. Sign up now and take the first step towards a brighter educational future for your child.

DAY 1 - March 6th | 8:00 am - 3:00 pm

DAY 2 - March 7th | 8:00 am - 12:00 pm

Drury Plaza Hotel Richmond
11049 W Broad St, Glen Allen, VA 23060

Those accepted participants who attend this event in its entirety will receive an ECHO SHOW 8!



There are a limited number of spots available so please apply early. **APPLY HERE**



THIS IS A FREE 2-DAY IN-PERSON EVENT.

Accepted participants are provided a complimentary hotel room and meals.

This is an adults-only event, and childcare is not provided.

Prom coming up and watching your budget?



Join us for Cinderella Dreams Prom Shopping Days!

Westchester Commons

125 Perimeter Drive Midlothian, VA 23113 (former JoAnn's)

Friday, March 6th: 4:00PM – 7:00PM

Saturday, March 7th: 9:00AM – 12:00PM

Friday, March 20th: 5:00PM – 7:30PM

Friday, March 21st: 11:00AM – 2:00PM*

***Closing dress sale**

For more information, visit www.cinderelladreamsrva.org

\$5 Suggested Donation

Cinderella Dreams Mission

Educating and empowering teens through planned events and drives with the express goal of building confidence, self-esteem and leadership skills with the ultimate goal of providing a positive foundation in life.

TEEN SUMMIT RVA

2026

Teen Summit RVA is a leadership summit designed specifically for high school students. Students exchange ideas on leadership pathways for positive change in the Richmond region. Hundreds of students from diverse backgrounds engage in interactive experiences addressing various student-selected topics. In addition, students explore career pathways in the InspireYouth@Work Opportunity Fair.



SAVE THE DATE
March 14, 2026

Richmond Convention Center
403 N 3rd St, Richmond, VA 23219

Check out our website:
teensummitrva.com

Attending students that participate in the event are eligible to receive community service hours

If you are interested in learning more about the event fill out the survey below:

FIND OUT MORE

Connect with us:

 [instagram.com/teensummitrva](https://www.instagram.com/teensummitrva)

 [facebook.com/teensummitrva](https://www.facebook.com/teensummitrva)



FREE EVENT
For High School Students
in Central VA from
9th to 12th grade.
FREE FOOD ALL DAY!

open studio

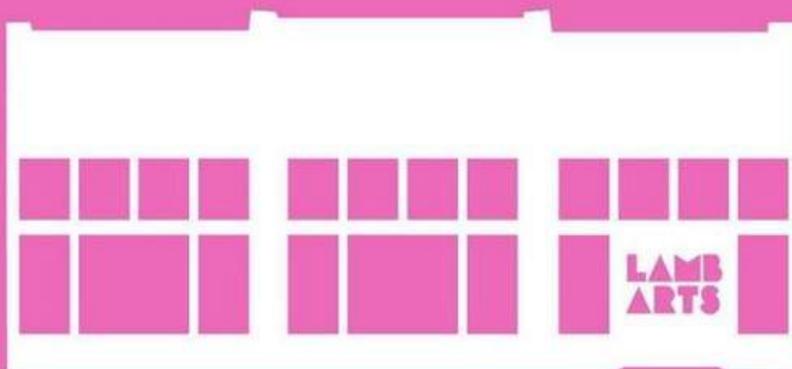
Join us for a night of self-led material exploration
and art making in the Lamb Arts Studio

5:00-7:00PM

JANUARY 22

FEBRUARY 19

MARCH 19



**These open studios are
FREE and open to all ages*



DCPR PRESENTS

MARCH
20th

EASTER EGGSTRAVAGANZA

FREE EVENT
CHILDREN AGES 2-12

CRAFTS - EGG HUNTS - MUSIC
CANDY - PETTING ZOO - MORE

Event begins at 5pm
Egg Hunts at 5:30pm and 6:15pm

Fun That Way

Eastside Enhancement Center

7301 Boydton Plank Rd.
N. Dinwiddie, VA 23803



smile garden

pediatric dentistry

COMMUNITY CARE DAY

SATURDAY MARCH 21ST

9 AM - 12 PM



COME JOIN US

We are excited to host a Community Care Day for children under the age of 21 without dental insurance. During this event, children can receive a professional cleaning, dental exam, and necessary X-rays—all for just \$50.

If additional dental treatment is recommended, the \$50 fee will be applied toward the cost of treatment, and families will also receive 15% off recommended treatment.

WHY CHOOSE US

Our goal is to provide affordable, high-quality dental care and help every child start their journey to a healthy smile.

-  Appointment only, no walk-ins
-  Call today to schedule your appointment.

CLEANING



Brushing, flossing, plaque and tartar removal treatment to help keep teeth healthy and strong.

X-RAYS



Radiographic images to monitor growth and development. Detects cavities and other dental concerns not visible during a clinical exam.

EXAM



Evaluation of the head and neck. Examination of teeth, gums, and tongue. Screening for cavities and oral health concerns.

CONTACT

-  804-601-3139
-  Info@mcidsmiles.com
-  305 Schofield Drive
Midlothian, VA 23113





Community Conversations

PUSHOUT SCREENING

Join Us for a Critical Conversation about how to support our Black and Brown Girls in Schools for Women's History Month

PUSHOUT: THE CRIMINALIZATION OF BLACK GIRLS IN SCHOOLS is a feature length documentary that takes a close look at the educational, judicial, and societal disparities facing Black Girls confronting the ways in which the misunderstanding of Black girlhood has led to excessive punitive discipline which in turn disrupts one of the most important factors in their lives, their education.

***Not recommended for those under the age of 13. Parental Consent required for those under 18.**



5:00 pm - 8:00 pm



March 26, 2026



Petersburg Public Library: 201 W. Washington St, Petersburg, VA 23803

Agenda

FREE Dinner and Vendors: 5:00 pm-5:30 pm

Documentary: 5:30 pm-6:45 pm

Discussion: 6:45 pm-8:00 pm

FREE ADMISSION.
Registration strongly encouraged.

REGISTER HERE:



Contact Us For More Information RaShel.Charles@vdh.virginia.gov, 804-609-5831 <https://redcap.link/pushout2>





LET'S PLAN YOUR **FUTURE!**

Whether you're looking to take a single class, transfer to a four-year college, or prepare for the workforce, we're here to support you. Discover more at our free Open House event!

OPEN HOUSE

CHESTER CAMPUS
March 30 • 2:00 – 7:00 p.m.

MIDLOTHIAN CAMPUS
March 31 • 2:00 – 7:00 p.m.

Discover a variety of student services designed to support your success. Benefit from individualized assistance with applying to Brightpoint, class registration, FAFSA completion, and more. All activities end at 7:00 p.m. See the full schedule online.



Learn more and register at
www.brightpoint.edu/open

Brightpoint is an equal opportunity and affirmative action educational institution.

 **Brightpoint**
COMMUNITY COLLEGE

Carter G. Woodson Middle School
Community Resource Fair &
Easter Egg Hunt

VENDOR INVITATION

We're seeking *Community Resources* for:

- Health & Mental Wellness • Clothing • Employment
- Educational • Recreation

Saturday, April 4th, @ 10am-2pm

Make a Difference for Local Students & Families!

Engage with the community & share your services at our fun, outdoor event!

VENDOR PARTICIPATION

- ✓ No Vendor Fee to Participate
- ★ Help Support Students in Need
- 🐰 Bring Easter Eggs & a Game for Kids!

VENDOR REGISTRATION LINK:

<https://tinyurl.com/CISTCSpringConnection>



The background of the poster is a vibrant, colorful illustration of a spring garden. It features a bright blue sky with fluffy white clouds, several colorful butterflies (orange, blue, and purple), a yellow chick, and a variety of flowers including tulips, daisies, and pink blossoms. In the center, a white Easter bunny with pink inner ears and a red bow around its neck is smiling and holding a small wicker basket filled with colorful Easter eggs. To the left, a larger wicker basket is overflowing with more colorful Easter eggs. The overall scene is bright and cheerful, representing a typical spring garden setting.

Easter

EGG HUNT

SATURDAY, APRIL 4, 2026 • 11 AM

TEMPLE PARK

14307 Prince George Dr.,
Disputanta, VA 23842

For Prince George Residents Ages 2 - 10

Prince George Parks & Recreation

11100 Old Stage Rd., Prince George, VA 23875

(804)458-6164

SAVE THE DATE!

The **Crater Health District** in partnership with the **City of Petersburg** and **Petersburg Public Schools** brings you:

READY, SET, ACTION

Petersburg Wellness & Community Resource Fair



**For Interested
Vendors**



For information please contact:
Melissa Perez Diggs
804-382-2667 melissa.diggs@vdh.virginia.gov



PETERSBURG
City Public Schools

VDH VIRGINIA
DEPARTMENT
OF HEALTH

THE FAMILY INTERACTION GROUP
OF OLIVE BRANCH BAPTIST CHURCH



2nd Annual

Community Baby Shower

FOR CENTRAL VIRGINIA'S NEW AND EXPECTING PARENTS

04.11.2026

10AM-2PM

11119 Boydton Plank Road Dinwiddie, VA 23841



ENJOY BABY
BUNDLES,
RESOURCE FAIR,
AND LIGHT
REFRESHMENTS



Registration Required
Deadline April 1st

Amazon Registry

INTERESTED IN HOSTING A RESOURCE TABLE OR
HAVE QUESTIONS?
EMAIL HEALINGWHILEBLACK.INFO@GMAIL.COM



**SURRY YOUTH
LIFE PRESENTS**

**BUBBLE
DAY**

**SAT. APRIL 18, 2026
11AM-4PM**

3K BUBBLE WALK



COMMUNITY Baby Shower



April 18th
11am - 1pm

Join us for a **FREE** Community Baby Shower celebrating expecting parents and families with little ones! Meet local organizations that provide resources to help you and your child thrive. Enjoy prenatal health information, resources, vendors, education, and giveaways to support families!

SEEKING VENDORS:

Do you have a business or work for a company/organization that provides services or products for women, parents, children, and/or families?
Come set up a table; it's free to participate!

Looking to donate items?

Drop-off Locations

(Every Tuesday & Thursday 6am-7pm)

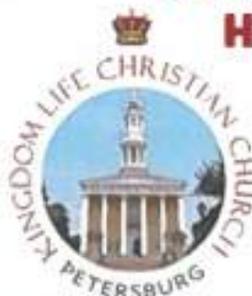
Kingdom Life Christian Church
(Petersburg)

3600 S Crater Rd, Suite C Petersburg, VA 23805

For more info or to register call or email:

Pastor Maxine Whitehead
kingdomlifepetersburg@gmail.com
(804) 712-3726

Hosted by



BE A PART OF THE 1ST ANNUAL SPRING RESOURCE FAIR



Open to any and all mental health, substance abuse, recovery residences, employment, DSS, Child Support Enforcement.



USE THE QR CODE
TO SIGN UP BY
03/27/2026

FREE
VENDOR
REGISTRATION

Please contact Leslie Calder with any questions:
leslie.calder@vadoc.virginia.gov

Wednesday
APRIL 29TH
2-6pm

CHESTERFIELD COUNTY
FAIRGROUNDS
10300 Courthouse Rd,
Chesterfield, VA 23832

Tables and chairs will be provided

Vendors are encouraged bring a gift to participate in a raffle for attendees

**Food
Trucks
on site**

RESOURCE FAIR

**WEDNESDAY
APRIL 29TH,
2026**

2:00 PM – 6:00 PM

**CHESTERFIELD COUNTY
FAIRGROUNDS**

**10300 COURTHOUSE RD,
CHESTERFIELD, VA 23832**

**RESOURCES FOR ALL THINGS
MENTAL HEALTH!
SUBSTANCE ABUSE,
RESIDENTIAL, EMPLOYMENT,
CHILD SUPPORT**

**FREE
ENTRY**

**RAFFLES
WITH
PRIZES**

More Information contact: leslie.calder@vadoc.virginia.gov

Workforce Development Specialist Leslie Taylor from Sussex State I Prison will be conducting a resource fair on May 6, 2026, from 1:30pm-4:00pm. She is requesting the assistance of our community partners to participate. Please feel free to contact her at Leslie.Taylor@vadoc.virginia.gov or at 804-834-1408, if you can make this event.

SUSSEX I STATE PRISON

RESOURCE FAIR

WHEN

May 6, 2025
1:30pm-4:00pm

WHERE

Multipurpose/Visitation Room
24414 Musselwhite Drive
Waverly, VA

Connecting the dots....
from incarceration to the
community

CONTACT LESLIE TAYLOR
WORKFORCE DEVELOPMENT SPEC.
LESLIE.TAYLOR@VADOC.VIRGINIA.GOV
804-834-1408



FEEDING ALLERGY AWARENESS RVA

Actionable Solutions for Food Allergies & Related Conditions—
Uniting Clinicians, Patients/Caregivers, and Communities for
Better Care and Inclusion.



- Curious about proven practices to manage food allergies?
- Want to learn how to incorporate the latest in clinical care, from prevention to treatment to management?
- Need effective strategies to be more inclusive of students/employees/clients/members living with food allergies and related conditions?

JOIN US TO HEAR SOLUTIONS FROM NATIONAL AND LOCAL EXPERTS, AND THOSE LIVING WITH FOOD ALLERGIES!

REGISTER NOW!



Friday, May 15, 2026
9:00 AM – 3:00 PM
Richmond, VA
\$25 (*financial assistance available*)



thecarterconsulting.com/fch-rva-landing-page#fch-rva

Contact Us

VDH's Crater Health District is a system of seven health departments in south central Virginia. The district begins 23 miles south of Richmond and extends south to the North Carolina state border. With more than 125,000 people with varying health needs living in our district, we work to build resilient communities throughout the cities of Petersburg, Hopewell, and Emporia, as well as the counties of Greensville, Surry, Sussex Dinwiddie, and Prince George. Call us today for an appointment at any one of our seven locations.

Dinwiddie Health Department

(804) 469-3771

14010 Boydton Plank Road

Dinwiddie, VA 23841

Prince George Health

(804) 733-2630

6450 Administration Drive

Prince George, VA 23875

Greensville/Emporia Health

(434) 348-4235

140 Uriah Branch Way

Emporia, VA 23847

Surry Health Department

(757) 294-3185

474 Colonial Trail West

Dendron, VA 23839

Hopewell Health Department

(804) 458-1297

1501 West City Point Road

Hopewell, VA 23860

Sussex Health Department

(434) 246-8611

20103 Princeton Road

Sussex, VA 23884

Petersburg Health Department

(804) 863-1652

301 Halifax Street

Petersburg, VA 23803

[Crater Health District Website](#)

This Resource Guide is a product of Crater Health District Care Resource Coordination program. Our CRC Melissa Diggs can be reached at 804-382-2667 or melissa.diggs@vdh.virginia.gov